

FREE

Issue 35, April 2022

# MONACHORUM MATTERS

The newsletter for Zeal Monachorum and St Peter's Parish



*LET US OUT! Aylesbury Ducks at Nymphayes Farm under  
Bird Flu Restrictions, See story on Page 15*

## EDITORIAL

This month we have comprehensive details about the events planned for the extended Platinum Jubilee Bank Holiday, from Thursday 2 June to Sunday 5 June. It was our aim from the beginning to ensure that as many of our Jubilee events as possible would be free to all villagers, and fund-raising has been under way since before Christmas. We are also very grateful to the Parish Council for generously contributing to the costs.

Our plans include the planting of a commemorative tree at The Waie and we would like to invite our oldest residents to do the planting (this does not include digging the hole!). If you would like to be a member of the planting party please contact Sally on 82531. Our younger residents are not forgotten either - they are invited to design a poster for the Jubilee celebrations; see all the details on pages 10 and 11.

This month we also have the story and pictures of the damage wreaked by Storm Eunice, which hit Zeal in February, (see pages 6 & 7).

Finally, a few words about our Village Hall. It has been pretty quiet since the result of the survey was announced but I can assure you that a lot of work has been going on behind the scenes. We have carefully studied the detailed responses and have gathered lots of ideas on how we can improve our existing hall. Progress will take some time as we need both expert advice and funds in order to carry out some of the plans but rest assured, we are 'on it' and will share news as soon as we can.

### DEADLINE FOR MAY ISSUE: 8 APRIL

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# COMMUNITY NEWS

## GROWING WELL GARDEN

In last month's issue we published a piece about a new project at Bow Medical Centre. Many apologies for including an incorrect email address the correct one is: [growingwellgardenproject@gmail.com](mailto:growingwellgardenproject@gmail.com)

## SUMMER SHOW

Seed Potatoes and Sunflower Seeds to grow for the show will be available at the market on April 9 or from Margaret Harris – call 82251 no later than the 10th April.

## RAINFALL

The rainfall for February was 88mm.

## MOBILE LIBRARY

Fridays 1 & 29 April stopping at Waie Cross between 1.15pm and 1.45pm. For all ages, join and borrow books immediately, ID not necessary. No overdue fines. To find out more: Tel: 0345 155 1001

[devonlibraries.org.uk/web/arena/mobilelibraries](http://devonlibraries.org.uk/web/arena/mobilelibraries)

**The Village Library** has moved from the garage into the church. Free to borrow, return when you like, contribute other books when you have finished with them.

Erica

## BOW & DISTRICT HISTORICAL SOCIETY

Monday 25 April 7.30 - Tony Gale - The Coplestone

Monday 23 May 7.30 - Simon Dell -The Georgian Improvers of Dartmoor.

Everyone welcome - visitors £3. Bow Village Hall EX17 6HU. Note: lifts may be available from Zeal, contact Erica 01363 82606

## BELL RINGING

Would you like to try ringing bells? If you are interested in keeping the tradition going why not give it a go, it's a wonderful way of meeting new people of all ages and professions (Warning! You may become addicted to it).

We are looking for anyone interested, with experience or willing to learn this ancient art; it takes about 6 – 12 months to learn the basics. No musical skill is needed but it helps if you have some. Practice nights Tuesday 7.30 – 9.00pm. Just come along or contact the tower captain Ken on 82204

## VILLAGE EVENTS IN APRIL

Every Weds	Coffee morning, 10.30am - 12 noon, Village Hall
Wed 6 April	WI, Village Hall 7.15 for 7.30pm
Fri 1 & 29 April	Library Van, 1.15 - 1.45pm at Waie Gardens
Sat 9 April	Village Market, 10.00 to 11.30am, Village Hall
Mon 11 April	Zeal Explorers Village Walk, 2pm at bus stop

## THE APRIL QUIZ

1. What colour is the skin of a black rhino?
2. Why was Dennis the Menace featured on a set of Royal Mail stamps last year?
3. Which fruit is used in the liqueur Crème de Cassis?
4. OMD is the abbreviation for which group, formed in 1978?
5. Vexillology is the study of a) worms b) tides c) flags?
6. Bombay, Sapphire and Bulldog are all types of what?
7. What are the common names for phalanges?
8. Which insect shares its name with a summer game?
9. In which boy band did Ronan Keating sing?
10. Which city became the capital of Pakistan in 1967?
11. Which man-made object is the second brightest in the night sky?
12. Which country has held the summer Olympics the most times?
13. Stormont Castle is the home of the office of the First Minister for which country?
14. Cheviot and Swaledale are both British breeds of which animal?
15. Which former Children's Laureate wrote 'The Gruffalo'?

## THE MINUTE QUIZ

What is the longest word that can be spelt with all its letters in alphabetical order?

Can you think of a word using all 5 vowels in the typical order of A E I O U?

## ANSWERS FOR THE MARCH QUIZ

- |  |   |
|--|---|
| 1. Bird  | 8. Greek                                |
| 2. Munich  | 9. Scapula                              |
| 3. All for one and one for all   | 10. Jacob and Esau                      |
| 4. Lincolnshire  | 11. Ladybird, Ladybird<br>fly away home |
| 5. Reflex  | 12. Willard                             |
| 6. A left-footed, right-footed and<br>headed goal all scored by the same<br>person | 13. Cartography                         |
| 7. It leans slightly to the left   | 14. Adder                               |
|  | 15. Willow tree                         |

## ANSWER TO THE MINUTE QUIZ

There are 11 days with prime numbers in the month of March, so Peter will need 6 bow ties.

From this month we have introduced a small change - the answers will appear in the same issue as the quiz. This month they are on page 17.



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## STORM DAMAGE IN ZEAL

A large fir near Western Road succumbed to the recent storms, blocking the road completely. I was told to grab a camera and go record the mess, but was not the first there. Beaten to it by another resident, they were searching their camera, having somehow reset a self-timer that had to be somewhere. We've all done it, fiddling with buttons and half-remembered routines to get the best shot. How many would like to do better? Are there some who want to meet, discuss their images and know-how, perhaps go to places as an informal group now and again. Will those willing to pursue a meeting, say about April or May, please text me with their contact details on 07707 554313.

Meanwhile, that fir. What—in my opinion—photography can do is a pictorial story, something along the Picture Post lines. Which, um, shows how many grey hairs I now possess. So below is the centuries old tree. Loosened by hard winds with its roots full of soggy soil, it crashed the power lines. As I arrived the electrical people were discussing live wires and wet roads, posting a policeman to keep the inquisitive away from shocks. The picture below shows the wreckage, there's a transformer beyond, left, bereft of cabling, whilst the street light has been reduced to a white blob, foreground left. A gatepost was toppled and vehicle access to two houses blocked. Opposite, the fir responsible hidden behind a chestnut; what the gateway looked like in a past autumn. There's a closer look at the clearance work. which was done with the help of John Lethbridge. At this time electricity was still 'off', as the generator—bottom, the white trailer under Napleton's southern wall—was yet to arrive. Once running, it was left in place for several days.

Mike Russell





# FISHING CLUB CHAT

Hi All

We are planning a big clear up after the storm down at the lake. We have had bits of tree down, also the awning over Nick Tyler's bench has been demolished in the storm and needs replacing (see picture below). We also have to consider building the awning for Trevor's bench. If anyone from the fishing club and any villagers can lend a hand it would be much appreciated. As this is weather dependent, we will have to let you know the date when we get a clear spell.

Also, can we remind all anglers to make sure you have your new fishing licences as we do have occasional visits from the local Environmental Fishing Officer. We cannot accept any responsibility for members or non-members fishing without a current licence.

Let's hope we have some more pleasant weather this spring, so we can get some serious fishing done. This year we will be organising Ginge's big fishing bash, with prizes for all. We are sorry that it was delayed after our man Ginger passed away, but it came just after the 2nd lockdown. We're looking forward to getting back to some normality.

Tight lines

Ken and Jane



# THE WAIE INN

 [www.waieinn.co.uk](http://www.waieinn.co.uk)

 01363 82348

 [info@waieinn.co.uk](mailto:info@waieinn.co.uk)

 Zeal Monachorum,  
Crediton, Devon, EX17 6DF

**Breakfast** 9am - 12pm  
**Full Menu** 12pm - 9pm



- Indoor & outdoor seating available (Indoor table reservations to be made in advance where possible)
- Our Swimming Pool is available for family & bubble sessions at £30 per hour. Please call us to book.
- Waie 2 Play is open for advance bookings via the Booky app - the link available on our website.
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# THE QUEEN'S PLATINUM JUBILEE

**2 – 5 June 2022**

Here are details of all the events being held during the Jubilee Bank Holiday.

You might like to keep these pages for reference.

## **Zeal Monachorum Platinum Jubilee Front Gate Competition**

We hope you are busy planning a lovely royal feature or display for your front gate, garden or door and here are the instructions for registering your entry for judging by Councillor Peter Heal on the morning of **Thursday 2 June**.

Please email Ali Birchwhite at [millardals@aol.com](mailto:millardals@aol.com) or ring her on 07753 749714 by **Saturday 21 May 2022**. NOTE: Only registered households will be judged.

Please put out your decorations and displays at any time but definitely before Thursday 2 June. Even if you do not wish to enter the Front Gate Competition, please feel free to put up some bunting etc. to make the village celebrate in style!

The first prize - a lovely family hamper – will be awarded at the Big Jubilee lunch on Sunday 5 June. A map will be drawn up showing houses participating in the competition as well as those holding a **Yard Sale** on Thursday 2 June; these will be available from the village Bulletin Board and the Village Hall notice board.

## **The Jubilee Beacon - Thursday 2 June 2022 at 9pm**

Jubilee beacons will be lit across the Commonwealth and we are hoping to light our own for Zeal Monachorum in Drummer's field, behind Churchill Gardens. Prior to that, we are hosting a free finger buffet at the Waie Inn for all residents from **6.30pm**. At around 8pm, a special tree will be planted on the front lawn at the Waie Inn by some of our oldest residents and then we will walk up Town Hill together to see the Beacon being lit. If you need transport up the hill please contact Jan on 82531, no later than midday on 2 June.

## **Zeal Monachorum History Exhibition 2022 Thursday 2 & Friday 3 June**

This will be held at the Village Hall from 10.30-5pm. Lots of charming, quirky photos of people and places and snippets of history about the parish. Maybe you have an old photo or something else of interest about Zeal Monachorum which you could share for the exhibition, if so, get in touch with Erica 01363 82606, [reden@rocketmail.com](mailto:reden@rocketmail.com)

**Isabel Harris is calling all farmers, past and present:** She is collecting items to represent the farming side of the Zeal Monachorum History Exhibition including any relevant documents or photographs, or histories of farms or farming folk. Please scan photos and send any written information via email to: [nymphayes@btconnect.com](mailto:nymphayes@btconnect.com) or post to Nymphayes Farm, Zeal Monachorum, Crediton, Devon. EX17 6DT. For further information please contact Isabel on 01363 82343 no later than 21 May.

## **Yard Sale - Thursday 2 June (or Friday 2 June if wet)**

This is a door step/garden gate/yard event to give away or sell items you no longer want. Start now to gather your goodies, grow plants or make items for sale. Householders decide whether to give away, sell or raise money for a good cause. Opening times between 10am and 3pm according to the individual householder. Those taking part who would like to be shown on a location map must contact Erica 82606 [reden@rocketmail.com](mailto:reden@rocketmail.com) at the latest by Sunday 29 May 2022. People can still participate even if they are not on the map.

## **The Jubilee Family Fun Dog Show - Friday 3 June at 1.30pm**

Mandy Smith is organising an enjoyable afternoon at the Waie Inn for all of us and our canine friends. All welcome, come & join in the fun, £1 per entry, rosettes to 4th place in each of the 11 classes, details will be published in the May newsletter.

## **The WI Jubilee Tea Party - Saturday 4 June 2022 at 3pm**

Zeal Monachorum WI is kindly putting on a free spread for us all at the village hall. To make the event even more special we are looking for anyone of any age who can provide entertainment during the afternoon, perhaps singing or playing an instrument. Please contact Hazel on 82216, [hazelwainwright1948@gmail.com](mailto:hazelwainwright1948@gmail.com). More information on Page 13.

## **The Big Jubilee Lunch – Sunday 5 June at 12.30pm**

The Big Jubilee Lunch in Churchill Gardens will round off our village Jubilee Celebrations. Please bring your own food and drink, but please do not bring glasses. Plates, plastic glasses and cutlery will be provided as will tables and chairs. We hope also to have some musical entertainment to help things go with a swing. And finally, calling all school children . . .

## **Queen's Platinum Jubilee Poster Competition 2022**

We are searching for eye-catching poster designs to be used to advertise our village Jubilee Events; with a winning design from a primary school child and one from a secondary school-age child. Use your imagination to create a fun poster embracing the whole idea of a National Royal Celebration. It needs to be clear and colourful, in any medium, and using A4 sized paper (210mm wide x 297mm tall). It could include references to some of our planned events for the four-day celebrations, which are described on these pages.

Your prize will be to light the Zeal Monachorum Beacon at 9pm on Thursday 2 June (parental permission required), at the same time as similar beacons are lit all across the Commonwealth Nations, and you will also see your poster around the village and in this magazine.

**All entries must be in by Saturday 30 April 2022** and will be displayed at the village market on Saturday morning, 14 May, so that all residents can vote for their favourites in both age groups. Please include your name, address and age on the **back** of the poster and put your completed entry in the box provided at the village hall door from Friday 1 April 2022. Thank you and Good Luck!



# ST PETER'S CHURCH

Dear Parishioners,

April is a busy time for the church. It encompasses Jesus' triumphant entry into Jerusalem on Palm Sunday, the solemnity of His crucifixion on Good Friday and His glorious resurrection on Easter Day. Our Easter Day Eucharist will be at 9.00am. As you all know we are part of a large group of ten churches which makes it particularly

difficult for the clergy to fit all the services in. We look forward to seeing you all on this very special day in the Christian calendar. I very much hope that we will have a Happy Easter celebration.

## Church rota for April 2022

**April 3 at 10.00am**  
Old Testament reading  
New Testament

**Lent 5 Passiontide begins**  
Isaiah 43: 16-21  
John 12: 1-8  
Sidesman  
Cleaner  
**No Flowers**

**Family Service**  
Miss Lynn Warren  
Mrs Isabel Harris  
Mr Colin Crothers  
Mrs Becky Harvey

**April 10 at 6.30pm**  
Old Testament  
New Testament  
Gospel

**Palm Sunday**  
Isaiah 50: 4-9  
Philippians 2: 5-11  
Luke 19: 28-40  
Sidesman

**C W E**  
Mr Colin Crothers  
Mr Robert Peck  
Rev D. Rowbottom  
Mr Tony Brealy

**April 17 at 9.00am**  
Old Testament  
New Testament  
Gospel

**Easter Day**  
Isaiah 65: 17-25  
Acts 10: 34-40  
Luke 24: 1-12  
Sidesman  
Altar flowers 17<sup>th</sup> & 24<sup>th</sup>

**Easter Day Communion**  
Mr Andrew Chandler  
Mrs Becky Harvey  
Rev David Rowbottom  
Mr Colin Crothers  
Mrs Marian Quick

**April 24 at 6.30pm**  
First reading  
New Testament

**Easter 2 lay led**  
Acts 5: 27-32  
John 10: 11-18  
Sidesman

**Evensong**  
Mr Tony Brealy  
Mr Graham Rounsley  
Mr Colin Crothers

**Easter is Good News!** *Christ is Risen, He is Risen indeed, Alleluia*

**Flower arranging for Easter Day** will be from 10.00am on Saturday 16<sup>th</sup> April.

### Lent and Holy Week Worship

Our vicar Robert is continuing to hold Compline on zoom each Wednesday at 7.00pm and on also Good Friday at 7.00pm.

### Holy week

Robert will be leading a zoom service at 7.00pm on Monday, Tuesday and Wednesday.

Maundy Thursday, Down St Mary Communion and stripping the Altar, followed by Watch of Prayer 7 – 10pm to be led by Robert

### Parochial Church Council Meeting 2022

The Annual Vestry Meeting and Annual General Meeting of the Parochial Church Council will take place on Wednesday, 27<sup>th</sup> April at 7.00pm in church. This is an opportunity to hear reports of activities in 2021 including the presentation of the audited accounts, church-

wardens report on the fabric of the church and churchyard, the bell ringers and Deanery synod report. We elect our churchwardens. Anyone who is both on the church electoral roll and electoral roll of the Parish is able to nominate and elect the churchwardens. Anyone can attend the annual meeting, only the church electoral roll members can vote to elect the PCC members who then elect their officers. Nomination papers are available from the church table. Our PCC is small at the moment, so please consider becoming a member and help spread the load. We are proud of our lovely church which has served the parish for many, many years and will continue to do so with your support.

### **Ringkley Ringers**

The Ringkley ringers are visiting Zeal on Wednesday, 13th April at 11.15am. They are a group of retired people who meet together once a month to ring at one tower in the morning, have lunch then ring at a second tower in the afternoon.

### ***Margaret (Churchwarden)***

## **ZEAL MONACHORUM WI**

Hello! Another month gone, wow! Signs of life are appearing in the gardens with the arrival of crocuses (or croci if you prefer), daffodils, hellebores, camellias, loads of primroses and I even have a very early pink azalea full of blossom.

At the March meeting we celebrated our 68<sup>th</sup> birthday by devouring various forms of fish accompanied with chips, all from Graylings in North Tawton, delivered to us by member Margaret Dennis. Naturally we scoffed them before any business was attended to! Wine, soft drinks, tea and coffee were available, and a birthday cake rounded off the calorific intake. Business was dealt with next, new members were given a brief idea of the procedure at the April meeting which is our AGM.

With the awful situation in Ukraine, the President drew attention to the need for donations, £30 was raised. This was doubled to £60 by my daughter, Jo, and was sent via PayPal to the British Red Cross. My plea for donations, via our Zeal Monachorum Community Facebook, saw our front porch loaded with the response from that. All were subsequently taken to the village hall on Sunday when Mandy Smith, Claudia from West Folday and I sorted the items. Together with Andy Smith, Tony and I delivered the goods to a Crediton depot. Thank you so very much to all who donated much needed goods for beleaguered Ukrainians.

On a brighter note: the WI is hosting **a Jubilee Tea** to be held in the village hall on Saturday 4 June at 3pm. As you can imagine, catering will be a challenge; in view of this, it would be enormously helpful if you would let either Jan Brealy 82563 or Jan Hollingsworth 881088 know if you are attending. Numbers are needed by 15<sup>th</sup> May at the latest in order for quantities of food to be decided upon.

The WI is having a plant stall at the village market on 14 May. If anyone would care to donate plants, seedlings, either veg or flowers, we would be delighted to receive them. Members new to WI are always welcome; we meet on the first Wednesday of each month, at 7.30pm. Come and visit for three meetings at just £1 per visit. You may even decide to join!

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Exterior painting, gutter clearing

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## AVIAN BIRD FLU 2022



This is a picture of my two stock geese, Gerald and Geraldine. I hatched the gander, Gerald, from an egg which Andrew, my postman son, was given by someone in the Worlington area when he was delivering post. The farmer thought Andrew would enjoy the egg for his breakfast but, instead, he gave it to me to hatch in the incubator last year. Geraldine laid her first egg on Sunday 6<sup>th</sup> March. Traditionally a gander should have 'as many wives as he has eyes'. They pair up around Valentine's Day and start laying around Pancake Day.

The picture on the front cover shows some of my 8 Aylesbury ducks which are having to be shut in and would rather be out on the pond. They have a couple of small 'swimming pools' and have made a large muddy pool inside the door where they spend hours shovelling the straw and dirty water. They have been laying for some time and I have filled one incubator with 31 eggs and am waiting to fill another. I will report if there are any successful hatchings!

As of 29 November 2021, it is a mandatory requirement that all bird keepers across the UK keep their birds indoors and follow strict biosecurity measures to limit the spread of avian influenza. Whether you keep just a few birds or thousands, you are now legally required to introduce higher biosecurity standards on your farm or small holding. It is in your interests to do so in order to protect your birds from this highly infectious disease.

You should register your poultry, even pets, so you can be contacted during an outbreak. This is a legal requirement if you have 50 or more birds. Poultry includes chickens, ducks, turkeys, geese, pigeon (bred for meat), partridge, quail, guinea fowl and pheasants. Avian influenza (bird flu) is a notifiable animal disease. If you suspect any type of avian influenza in poultry or captive birds you must report it immediately to the Defra Rural Services Helpline on 03000 200 301. If you find dead wild waterfowl (swans, geese or ducks) or other dead wild birds, such as gulls or birds of prey, you should report them to the Defra helpline (03459 33 55 77).

**Do not touch or pick up** any dead or visibly sick birds you find.

## WASHDAY AT ROWDENS – LATE 1950's

*Another offering from Cathy Clark who wrote a few months back of her childhood in Zeal. This time she tells us about that important weekly event - Washday, which was always on a Monday. Rowdens was up Rattle Street, then known as Gissage Lane. It was on the right, one of the semi-detached cottages just beyond Yew Tree Cottage; it is now called High Cottage. Cathy remembers having to walk past the neighbours' cottage to get to their front door, just as it is now. Here is her story:*

The fire was banked in and potatoes peeled ready for tea. Tea consisted of cold meat boiled potatoes and a steamed pudding. The pudding was set to simmer away as the tedious job of laundry was done. There was a routine and it never seemed to vary: out would come the Robin starch and the old and discoloured pudding basin in which it was mixed. Not only did it look grim, it had a musty smell, no doubt because the glazing was broken and the starch had seeped into the bowl itself. Next the blue bag, this was a cube of what looked like Cobalt chalk, it was wrapped in a piece of material, probably muslin, and tied at the top with string. This would be placed to one side for later use.

The very large and heavy wooden backed scrubbing brush was next, it had vicious bristles. This was kept with the bar of soap. There were Soda Crystals too, but I do not know what they were for I was never allowed near or to touch them. From the wall outside came the tin bath, not the long one we all used for personal washing, this one was oval and smaller. A grater for the soap was also put on the table.

The washing was done in order too, the 'smalls' (underwear) and whites were done first. There was always an old saucepan, that was kept for boiling up the handkerchiefs. This shared space on the 'top' with the steaming pudding. Outside there was a big bucket and in there the 'heavy' and very soiled work clothes were soaked. Always cold water, apparently hot water sets stains?

The water heated in saucepans and a really old and very heavy kettle, the kitchen would fill with steam and was very warm. Mum tied a piece of old sacking around her waist to try and keep her apron and clothes a little drier, her hair tied up in a scarf sometimes, her glasses steaming up and coming off frequently to be dried on her apron. The heavy work of the day had begun and had to be finished before tea.

Grate some soap from the bar into the bath, add water swirl it around with a long wooden stick, (it probably has a name, but to me it was a stick), now we are making progress and the air starts to fill with the smell of the soap. A large enamel bowl is filled with cold water. The clothes go into the bath and are rubbed, lifted, turned and rubbed again. Collars and cuffs get a liberal rub from the soap, then comes the scrubbing brush, keep going until there are no more greasy marks, If the material frays, well then after laundry time it is mending. Frayed and ripped collars were 'turned'. Not today though, that's an evening job.

So, we have the ‘cleanest’ things first, wash, rinse in clean cold water, rinse again until the water is clear enough to drink. Never understood why everything had to be so clean and free from soap that the water was drinkable, when some things were then submerged in the gloopy starch. The blue bag was put into a bowl of water and swished around until the water resembled the contents of an ink bottle in a lot of water. Into this you rinsed some of your whites, it kept them white apparently and it made your hands go all wrinkly and bluish too.

Wring out - some things when wrung out twisted and you could make them snake up your arm. Then fold and pass through the mangle - a great aid. You folded things as flat and as near the best for ironing as you could. Not good if you were the one threading things through, not pay attention to the speed Mum is working and before you know it you have mangled fingers and that hurts!

If it was a nice day, washing was hung outside. If it was not nice, start filling up the washing lines that have been strung across the kitchen ceiling. So, now we have a pudding steaming, saucepans with water warming up, the kettle, the handkerchiefs and gently steaming laundry hanging from the ceiling, lovely! This process is repeated time and again until you come to the bucket, full of heavy work clothes, by this time it is probably mid-afternoon. Now comes the final hurdle, the work clothes, heavy overalls and trousers. Empty the bucket and rinse the clothes, yes, rinse before putting them into the bath of soapy water and repeat the procedure for everything else. Finally, everything is washed and probably gently steaming from anything that Mum can hang something on. All the utensils and paraphernalia are packed away and still the pudding is steaming!

At tea time we all sit in the kitchen surrounded by laundry of all types, hanging, draped and folded as it gets drier. Nothing is allowed to get too dry or it is difficult to iron, and that job is done with the irons that we see as doorstops now. How they would sizzle when water was flicked on them to test the heat. Wipe them with a cloth and off you would go, the ‘ironing’ board was the kitchen table - a blanket was folded and laid down then one of the sheets you needed to iron put on top. This was the base as you ironed everything else, as you went you turned the sheet and swapped it for another, so you effectively ironed the sheets with ‘minimum’ effort. All that water brought in during the day, heated, used, emptied into buckets and carried back out, the rinsing folding and hanging. How totally exhausting!

#### April Quiz answers - see page 4

- |                                       |   |                       |
|---------------------------------------|---|-----------------------|
| 1. Brown.                             | 2. 70 <sup>th</sup> Anniversary of the Beano. | 3. Blackcurrant.      |
| 4. Orchestral Manoeuvres in the Dark. | 5. Flags.                                     | 6. Gin.               |
| 7. Fingers and Toes.                  | 8. Cricket.                                   | 9. Boyzone.           |
| 10. Islamabad.                        | 11. International Space Station.              | 12. England; 3 times. |
| 14. Northern Ireland.                 | 14. Sheep.                                    | 15. Julia Donaldson.  |

**Minute Quiz:** a) Almost. b) Facetious

# CREDITON FOODBANK

Thank you to all who donated food and money at the February Village Market. I was sadly unable to be there. However, on my return I was given the pink box filled with a wonderful array of goodies plus an envelope containing £20. Because of the high winds I wasn't able to take it in until the following week, and by that time I had received, via our post lady, a bumper delivery plus two more dropped at my door. I had to break them down into bags that I could easily lift into the back of my car and it equated to 11 bags. In fact they filled the back of the car.

In the notices I have received over the last month the items most needed have been toilet rolls, cereals (not porridge/oats), tinned tomatoes, sugar, juices (not squash) and UHT milk. I understand that escalating prices mean it will not be so easy to donate, but whatever you can, when you can, however small will be really appreciated by those most in need. Thank you and many blessings to you all.



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## QUOTES

In the spring, I have counted 136 different kinds of weather inside of 24 hours. *Mark Twain*

Easter is the only time of the year when it is safe to put all your eggs in one basket.



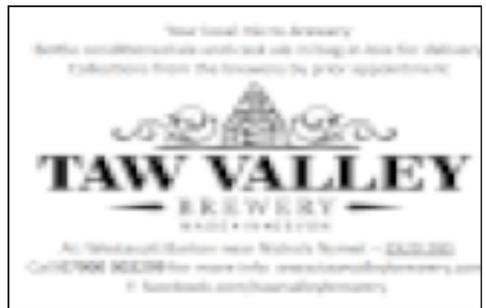
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**April is a busy month in the garden, with the beginning of Spring and hopefully some lovely weather. Tips courtesy of Bow Garden Centre.**

1. Apply a general-purpose fertiliser to borders and beds. Feed shrubs & roses. Bow has a large selection including, organic feeds.
2. Plant Summer-flowering bulbs, if not done already, and sow hardy annuals and herb seeds now.
3. If planting new trees, roses or shrubs use Mycorrhiza (a symbiotic fungus) for healthy root growth, Empathy Rootgrow is available at Bow.
4. Prepare beds for the growing season. Dig in at least a 5cm layer of compost, and work in a general-purpose fertiliser, such as 6x, Growmore, or fish, blood and bone.
5. If you haven't done so already, cut back any dead foliage on perennials and ornamental grass plants to make way for new growth.
6. Honeysuckle and Clematis will be putting on growth now, so tie new stems to train them along their supports.
7. Protect fruit blossom from late frosts by covering them with horticultural fleece on cold nights.
8. Continue deadheading spring bulbs and bedding, so they don't waste energy setting seed.
9. Clean ponds, and then add aquatic plants such as Waterlilies and Irises.
10. Make good use of April showers: attach guttering to sheds and greenhouses and install water butts. Rainwater is much less harsh on plants, as it doesn't contain the chemicals found in tap water.

Bow Garden Centre is a great place for all your garden essentials, including an expanded range of trees, plants, shrubs, bulbs, and seeds. Also, plenty of gardening tools, garden buildings and everything you need for gardening, plus fish and pet supplies, a lovely welcoming Waterside Cafe, and Post Office services too.

[www.bowgardencentre.co.uk](http://www.bowgardencentre.co.uk),  
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