

Issue 3, August 2019

# MONACHORUM MATTERS

The newsletter for Zeal Monachorum and St Peter's Parish



*Sunrise over Zeal Monachorum - Helen Blair*



GET EVERYTHING YOU NEED FROM  
A REAL GARDEN CENTRE!

TOP QUALITY PLANTS,  
COMPETITIVE PRICES, HELPFUL  
FRIENDLY STAFF AND GREAT ADVICE!

[www.homeleigh.co.uk/crediton/](http://www.homeleigh.co.uk/crediton/)  
Barnstaple Cross, Crediton EX17 2ER  
Tel. 01363 773110

FAMILY OWNED, FAMILY RUN!

**HOMELEIGH**  
GARDEN CENTRE

## EDITORIAL



We are delighted with the good feedback we have received and with the pictures and articles you have been sending in – please keep them coming. This month, apart from new articles we have all the regular features but, as always, we need you to tell us if there are things you would like us to cover; please get in touch.

If there is concern about the deadline for articles, let me explain the reason for the long lead-in. The printing is outsourced to a printer in North Tawton who, we feel, is doing an excellent job and is producing a high quality publication. The Editorial team needs one week to prepare the newsletter for the printer and he needs two weeks to complete the printing. Our aim is to get it out to you, our readers, before the end of the month. We try to be flexible so if you have a problem meeting the deadline, give me a call: Jan Summers 01363 82571.

Finally may I clarify where to send your articles and pictures; some people have continued to use the old newsletter address which is no longer in use. Please use the address shown below and on the bottom of each page:

**zmon.news@gmail.com**

## DEADLINE FOR SEPTEMBER ISSUE – 1 AUGUST

### AT A GLANCE – Village events in August and beyond

Every Weds	Coffee morning, 10.30 - 12 noon in Village Hall
Weds 7 Aug	WI: Members' night, 7.15 for 7.30pm. Bring cake.
Fri 9 Aug	Mobile Library, see below
Sat 17 Aug	Flower and Vegetable Show
Mon 19 Aug	Zeal Explorers walk, 2pm at bus stop

### ADVANCE NOTICE

Sun 8 Sept	Walk & Talk, 2pm
Sat 5 Oct	Harvest Supper

### MOBILE LIBRARY

LAYBY NEAR OLD SHOP 13.05 – 13.25, and WAIE CROSS 13.30 – 13.50  
Summer's here which might mean you can snatch moments to have your nose in a book. School holidays give the children a chance to visit the mobile library - a much enjoyed novelty. Adults can borrow books for visiting children, which can be a great help in entertaining them. Borrow up to 12 books, 4 CDs, 4 DVDs. Don't worry if you miss a visit, there are no penalties to pay if the books are returned late.

**PLEASE SUPPORT YOUR LIBRARY SERVICE -  
YOUR USE HELPS KEEP IT FOR OTHERS WHO NEED IT!**

More info from Devon Libraries [www.devonlibraries.org.uk](http://www.devonlibraries.org.uk)

# THE BELLS OF ST PETER'S CHURCH

We have a light peal of 6 bells the heaviest of which, the tenor, weighs 400kgs (8cwt to those of a certain age). The original peal of 5 bells was cast in 1749 by Thomas Bilbie of Chew Stoke near Bristol. The treble, the lightest at 200kgs (4cwt), was cast by Gillett and Johnson at White Chapel bell foundry, London and was installed in 1925.

The five original bells are hung on an oak frame made by Harry Stokes of Woodbury in 1906, the "new" bell making St Peter's a ring of six, is hung above the original peal on a metal frame. 2007 saw a major refurbishment of the bells and fittings after many years. (See picture below). The total cost was £35,000 raised over two years by the bell ringers organising fund raising activities and very generous donations.

We ring for church services, weddings, sometimes funerals and other special occasions. Each year we have visiting teams from all around the country. On August 24th we are holding our annual bell ringing competition, when teams are invited to participate for The Zeal Monachorum shield, St Peter's cup and certificates. Teams ring a set peal known as 60 on 3rds, each peal takes about 15 minutes. Our independent judge listens for mistakes, and the team with the fewest faults will be the winners. The competition will run from approximately 4pm to 8pm depending on how many teams enter.

Practice nights are every Tuesday from 7.30 to 9pm. If you would like see what it is all about, come along. It is a wonderful way to meet and make new friends in a team environment.

## Tower Captain

*The newly refurbished bells return in 2007*





# YOUR LOCAL DESIGN & PRINT



**bsharpdesigns**

- LOCAL DESIGN, FOR LOCAL BUSINESSES -

hello@bsharpdesigns.co.uk  
bsharpdesigns.co.uk





**Burridge Printers** Ltd

digital • branding • packaging

hello@burridgeprinters.co.uk  
burridgeprinters.co.uk

**01837 82386**

Upper Depot, Devonshire Gardens, North Tawton EX20 2ES

Find us  

**IF YOU CAN CREATE SOMETHING FROM STEEL IN YOUR MIND, THEN WE CAN FABRICATE IT**



## HANDCRAFTED STEEL SOLUTIONS

call 01837 89225 or 07592 725 753

web: [www.handcraftedsteel.co.uk](http://www.handcraftedsteel.co.uk) Facebook: Handcrafted Steel Solutions  
or message: [dave@handcraftedsteel.co.uk](mailto:dave@handcraftedsteel.co.uk)

## COMING HOME

I first came to Devon when I was a few days old: almost immediately after my birth in 1942 in the East end of London, my mother brought me to Thorverton, where my two older brothers had been evacuated. They were living with a wonderful couple: Sid and Rachel Jefferson and a strong friendship between the two families grew, which lasted to the end of their lives. I always knew them as Aunt and Uncle and, having no children of their own, they treated me as the son they never had; they spoiled me rotten and I loved it.

After the war, with three sons to bring up, my parents could not afford to go away on holiday and so I would spend the six weeks of my school summer holidays in Devon with my Aunt and Uncle. These were the happiest days of my life and those six weeks were the highlight of my year. Sid and Rachel took me all over Devon and Cornwall and those experiences led to a deep love of the West Country that I still hold. I have always felt more at home in Devon than anywhere else; I just feel that at last I've come home.

My father was born in Awliscombe near Honiton, so maybe the Devon blood in me has a stronger influence than my London upbringing. My parents, Aunt and Uncle have now passed on, Rachel being the last to die some 8 years ago at the grand age of 95. Looking back over my 70+ years there have been so many episodes that make me smile and I hope to share some of them with you in future. But for now I'll leave you with a little glimpse into the world of my Aunt and Uncle.

Sid worked for the village bakers in Thorverton: he prepared the dough, made the bread, baked it and, in all weathers, he delivered it to the people of the village and surrounding areas. This meant starting work in the early hours of the morning to prepare the dough for the next day's bread. For anyone, this would be challenging but my uncle had further obstacles to overcome: he was profoundly deaf and had tunnel vision; at night he was virtually blind. But, never one to let obstacles dictate, my aunt solved many problems that might have had other people giving up. On dark winter mornings Sid would set off at about 2.30 am to ride his bicycle to the bakery one mile away. My Aunt rode in front of him on her bicycle so that he could follow her rear light as if it was a guiding star.

During the day Uncle Sid would drive the delivery van; he had owned a car from an early age and never passed a driving test having had a licence before tests were introduced. In all the years I knew him he was never involved in an accident despite his severe disabilities. Apart, that is, from the occasion when a cow put his horns through the windscreen of Sid's Morris 8. But perhaps I will tell you about that, and other adventures, another time. (See picture of young Alan on next page).

### Alan Summers



*Young Alan pictured with his Mum in front of Sid's Morris 8.*

## THE BODY SHOP.

**The Body Shop At Home –**

**Brings the store to your door!**

**I am a local Body Shop Consultant with 8+ years experience, so to find out about great current offers, how to host a party, book a facial, get skincare advice, or simply get a catalogue:**

**Call: Cathy Norton on: 07815 964332**

**or E mail: [cathy-n@tiscali.co.uk](mailto:cathy-n@tiscali.co.uk)**

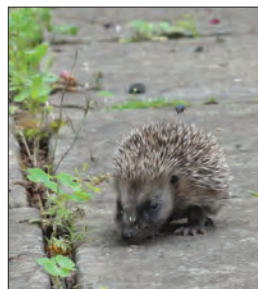
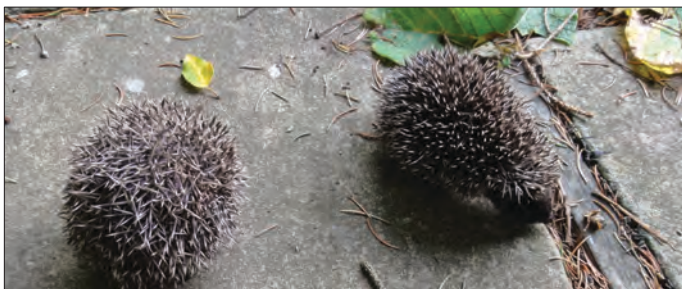
**or join my facebook group –**

**The Body Shop At Home with Cathy N**



**THE BODY SHOP AT HOME**

*A pair of new residents finding their way around.*



## SOMETHING TO MAKE YOU SMILE . . .

The trouble with retirement is that you never have a day off.

And did you know . . .

You can't beat inheritance tax, even with the best will in the world.

# FARMING NEWS

Hi. We are Graham and Ruth Friend and we live at Wootton Top Farm, Zeal Monachorum. We have two sons and a daughter, all of whom are married and live locally, along with our 6 grandchildren.

We farm the land on the south west side of the village, running a mixed dairy, sheep and beef farm with our eldest son, Martyn. The farm has been in our family for five generations, with a 6th generation looking possible.

Farming, whatever the season, is always busy; we have to turn our hand to most jobs, including welding, plumbing, shearing, DIY, AI, mechanics, fencing, and more. This is all on top of the day-to-day animal husbandry and milking twice a day, seven days a week.

After finishing lambing we started work on our bale haylage for the cows to eat through the winter; this year it was wrapped in state-of-the-art 3D wrapper by our contractor. It looks clever stuff but time will tell.

We are in the process of changing our pedigree Holstein herd to a Fleckvieh x Normande crossbred herd. This will introduce more power and strength to the bull calves and extend their grazing time to 10 months outside; they really enjoyed their time out last January, and so did we. They produce great quality milk, suitable for cheese or butter.

It may seem old fashioned to have a family mixed stock farm but we are passionate about keeping things as natural as possible. We hope that quality local food will once again take precedence over cheap imported food of dubious quality that travels all over the world. We aim to continue our production in a way that compliments this beautiful area we are all so privileged to live in.

## Graham and Ruth

*"Farming - it's more than a job, it's a way of life"*

*Matt Ballou, American author and artist*



# THE VALET MASTER

VALETING & DETAILING

- ✓ OPTI-COAT PRO APPLICATION CENTRE
- ✓ DODG JUICE AUTHORISED DETAILER
- ✓ CHIREX AUTHORISED REPAIRER
- ✓ PVD APPROVED
- ✓ MOBILE & UNIT BASED SERVICES
- ✓ PROVEN OVER 10 YEARS OF TRADING
- ✓ FRIENDLY & PROFESSIONAL
- ✓ RELIABLE AND DISCREET



[www.THEVALETMASTER.CO.UK](http://www.THEVALETMASTER.CO.UK)

07971 906 747



## POWER TILING

Tiles provide your room with a decorative feature, adding an accent to walls or floors throughout your home.

We provide a high level of service from the first quotation to the moment of completion. For a free quotation and consultation please call :

Jacob Pow on 07895 518140



## MID DEVON Pest Control

**For all your domestic, agricultural and commercial pest control needs.**

From Rats and Mice to Wasps and Fleas contact me for a quick, convenient solution to pest problems.

I am fully qualified and insured.

Based in Zeal Monachorum covering all of Mid Devon and surrounding areas.

[www.middevonpestcontrol.co.uk](http://www.middevonpestcontrol.co.uk)

07725 520466/01363 881473

Email: [enquiries@middevonpestcontrol.co.uk](mailto:enquiries@middevonpestcontrol.co.uk)



ABBEY AGAS  
AT

## Elaine's Stoves

*A Warm Welcome*

Pre-loved Aga, refurbishing service,  
electric conversions

Elaine Ewer  
Tel 01837 52244

Fatherford Farm  
Okehampton  
Devon EX20 1QQ



Exterior painting, gutter clearing

Chris 07597968293

[01363] 881475

## FISHING CLUB

This year sees the 10<sup>th</sup> anniversary of Zeal Monachorum Fishing Club

The Fishing Club, 10 years old this year, was started by the late Nick Tyler, with Ken and Jane Hogg.

These pictures show the Grand Opening at which a commemorative bench in memory of Nick, was unveiled.



This picture shows Paul, the maker of the bench, together with Nick Tyler's sons and Ken Hogg.



There was also a competition for junior members and this picture shows them receiving coaching and making a catch.

Junior membership is flourishing; just recently Ken was coaching Rob Peck's 4 year old grandson.





## VILLAGE HALL NEWS

On a lovely sunny Saturday in June we held our third Big Breakfast and it was another good one. Our stalwart team of 8 helpers was joined by 29 guests and we were treated to a choice from all the ingredients of a Full English Breakfast.

We are very grateful for donations of eggs from Serstone Farm, bacon and butter from the Waie Inn, marmalade and sausages, and for the cash donations from our guests which amounted to just over £130. After small expenses the proceeds will be shared by the Village Hall and Bow Surgery. Thank you to everyone who came and who helped. These pictures, taken by David Bowyer, show our stalwart chefs, Tracey Alliss and Alan Hollingsworth, and some of our guests enjoying the meal.



Our next event is the Flower and Vegetable Show on **Saturday 17 August**. This is always a popular event and is a good opportunity to see what people have been growing in their gardens. Some of us have been growing sunflowers and we hope that they last long enough to be seen at the show.

In any case there will be lots of things to see and bid for when the auction opens at the end of viewing. There will also be a draw and tea and cakes will be available to buy. Come along and see the show at 6pm on 17 August.

# GARDENING NOTES

*'The English winter, ending in July, to recommence in August'.*

*Lord Byron 1823*

Hi, to all gardeners,

As I write, the weather is very changeable. We had a wet end to June with strong winds then a warm start to July and, hopefully, that has continued through the month. This will mean, however, that pots and hanging baskets will need constant watering, regular feeding and deadheading, and it is important to find a neighbour to water for you if you are going away on holiday this summer.

Has anyone else noticed how beautiful the roses have been this year after a disappointing show in 2018? I wish I knew what the factors are for this; whether it is the damp, mild winter and spring we had or the effects of the long, hot summer last year. If you can shed any light on this, please let us know.

Greenfly have been on the dahlias a lot this year and one reader suggests a dilute spray of mouthwash will help eradicate them without being a risk to wildlife.

The village show is nearly upon us (Saturday 17 August) so keep watering and feeding your sunflowers and potatoes to bring along to the village hall that day to be measured, weighed and judged. I have heard that the strong winds at the end of June sadly snapped some of the village sunflowers but, hopefully, enough of us will have a potted flower or cut flower stem to bring along and it should create a lovely sight and some friendly rivalry!

The Annual Festival of Lammas falls on August 1st this year. It is an ancient farming festival to mark the wheat harvest and is the first harvest festival of the year. In the past, country folk baked Lammas loaves, made corn dollies and enjoyed feasts with family and friends.

This month, keep an eye open for the invading Harlequin ladybirds which originated in Asia. They are usually black with red spots rather than red with black spots but could also be orange. All have an obvious white mark on either side of their head. They are a huge threat to our UK native ladybirds and insects as they feed on other ladybird species and the eggs and caterpillars of butterflies and moths and, of course, are in direct competition with our native ladybirds for food.

Enjoy the fruits of your labours in the garden this month.







HUMANIST CELEBRANT

Meaningful  
Non-religious Ceremonies  
For You

JACKIE WATSON

Webpage: [humanist.org.uk/jacquelinewatson](http://humanist.org.uk/jacquelinewatson)

Please visit my webpage for more  
information and contact details

WEDDING CEREMONIES IN DEVON  
and locally at Hayne, Devon

FUNERAL CEREMONIES  
IN THE EXETER AREA  
and locally at Beer Cross Woodland Burial



**The Closest Natural  
Burial site to Dartmoor**

**BEER  
CROSS**  
*Woodland Burials*



For further information please contact:

**Christopher Voaden**  
**01363 877807**

## The VINTAGE WEDDING PHOTOGRAPHER



t: 07851746249

[www.thevintageweddingphotographer.co.uk](http://www.thevintageweddingphotographer.co.uk)

@vintagewedphoto



## CHURCH NEWS

We held our annual village fete on Saturday 29th June: what a lovely day. The weather was good, the band played brilliantly to add to the atmosphere, and the teas did their usual roaring trade, ably assisted by Doris the veteran car filled with balloons. It goes without saying that the Pimms and strawberries were a great success.

Thank you to everyone who helped on the day; it's always a lot of hard work both before and at the event. Special thanks go to Jan Brealy, without whose help I couldn't have coped. Thank you also to all those who contributed to the cake stall. Zeal ladies are renowned for their baking skills.

We have our usual pattern of worship in August. As most of you are aware, this month we say goodbye to Lindsey Starrs, our vicar for the last 10 years. Lindsey's last Service with us will be on August 11 at 6.30pm; this is our Eucharist Service. Afterwards there will be a small reception for Lindsey and her husband Laurie which will give parishioners a chance to say an individual farewell; all are invited.

From September onwards we enter a period of interregnum; this means we have no parish priest until one is appointed by the diocese, a process which can take anything up to 2 years. We will be having visiting retired clergy to perform a Eucharist service for us once a month when available. Apart from this it falls to the Worship group, consisting of Becky Harvey and Mike Bostock. To try and keep up the 3 services per month is a great burden on these individuals; we need more people to step up.

Perhaps you have ideas on what you would like included in services, more hymns, different kinds of music, perhaps more open discussion? Please don't be put off, contact us and all ideas will be considered. The services taken by the Worship group are all set out, including the homily. It's really not arduous to do. Without more volunteers to take these services we will on occasions have to cancel, which would be a shame.

I wish you all a happy holiday season, let's hope our glorious summer continues for the school holidays.

### FLOWER ROTA FOR AUGUST

28 July and 4 August: SUSAN DOWN

11 and 18 August: JANE HOGG

25 August and 1 September: ISABEL HARRIS

## Services at St Peter's in August

<b>4 August</b>	10.00am	Morning Prayer	Worship Group
Trinity 7	O/T reading	Ecclesiastes 1:2;12-14;2:18 -23	Lynn Warren
Proper 13	N/T reading	Luke 12: 13 -21	Tony Brealy
		Sidesmen Welcome	Marion Quick
		Offertory	
<b>11 August</b>	6.30pm	Common Worship	Rev Lindsey Starrs
Trinity 8	O/T reading	Genesis 15: 1-6	Colin Crothers
Proper 14	N/T reading	Hebrews 11: 1-3;8-16	Gavin Rowden
	Gospel	Luke 12: 32 -40	Rev Lindsey Starrs
		Sidesmen Welcome	Tony Brealy
		Offertory	
		Lindsey's last service at St Peter's	
		Bring and share supper	
<b>18 August</b>		No Service	
<b>25 August</b>	6.30pm	BCP Evensong	Worship Group
Trinity 10	O/T reading	Isaiah 58: 9b – end	Graham Rounsley
Proper 16	N/T reading	Luke 13: 10 -17	Becky Harvey
		Sidesmen Welcome	Tony Brealy
		Offertory	
<b>1 September</b>	10.00am	Morning Prayer	Worship Group
Trinity 11	O/T reading	Ecclesiastes 10:12-18	Lynn Warren
Proper 17	N/T reading	Luke 14:1; 7-14	Tony Brealy
		Sidesmen Welcome	Marion Quick
		Offertory	



# Lets get crafty!

# Tie Dye

As early as the 6th Century, Indian people were practicing a type of tie-dye known as Bandhani. This process involves using thread to tie off small pieces of fabric in intricate patterns

## Transform your T-SHIRT?

From stained and tired to  
fresh and new!  
The Spiral effect



## Materials and equipment

- Cotton T-shirt
- Dyes (Dylon from local hardware store or can be ordered on line)
- Bucket/Bowl/dye bottles
- salt
- Elastic bands for tying
- Rubber gloves,
- Spoon
- Scissors
- Protective sheeting or newspaper



Firstly, place t-shirt in water then wring out thoroughly.

Lay out on a clean surface and find the centre of the t-shirt. (This will be almost 3cm below chest level).

Pinch the centre then twist clockwise, keeping as close to surface as possible.

Continue until all the t-shirt has been twisted into a circle.

Place an elastic band horizontally, then vertically and two diagonally. The circle needs to be divided into eighths.

Place the banded t-shirt on a grill over a container and colour each segment with a dye colour of your choice.

Once you have saturated one side with dye, you will then need to turn the t-shirt over. Wipe the grill then place the t-shirt back down and repeat the process.

Place bundle into a sealable freezer bag and leave for 24 hours. Take out and leave to dry. Rinse out the dye. Wearing rubber gloves, unwrap any string or rubber bands that you used. Then, rinse it with cold water in sink to remove any excess dye. Wash separately.



If you are interested in featuring any of your work, or have any suggestions on what you would like to see please email: [karenhunt1962@outlook.com](mailto:karenhunt1962@outlook.com)





## *Penstone Country Crafts*

Hand Crafted Grandfather Clocks,  
Traditional Farmhouse Furniture  
and Antlercraft

### **David Thorne**

40 Highfield, Lapford

Crediton, Devon

EX17 6PY

Tel 01363 83934

Mobile: 07790 954202

E-mail: [penstonecrafts@gmail.com](mailto:penstonecrafts@gmail.com)

Website: [www.penstonecrafts.co.uk](http://www.penstonecrafts.co.uk)



## ZEAL ARCHIVE

Maypole dancing at the Village fete in 1954 at the Rectory [now Heron Court]. Sadly I have no information about those in the photo; if anyone can name the people please get in touch. (Photo no. 27 from Queenie Cockwill)



## WALK AND TALK

How much do you know about the history of Zeal Monachorum? If you're relatively new to the village, it's likely that your knowledge will be fairly limited. For example, do you know where the original water supply came from? Do you know the shops that used to be in the village? Did the village have pubs other than the Waie Inn? Was the Waie Inn always as it is now?

If you would like to know more about the village you will have the opportunity to find the answers to these questions, and more on a 'Walk and Talk', to be held on Sunday 8 September, at 2pm. This will be led by Tony Brealy who has lived here all his life, and whose breadth of knowledge about the places and the people is extraordinary. This promises to be a fascinating exercise so mark the date in your diary now. Full details will be in the December newsletter

## YEO BRIDGE

How many of you, driving on the B3220 between Morchard Road and Stopgate Cross, have noticed that there is a bridge over the tiny River Yeo; it is located just east of the turning to Nymphayes. The bridge is 80 years old this year and has a commemoration plaque, pictured below:



The caption reads:

**YEO BRIDGE  
ERECTED 1939  
AT THE JOINT EXPENSE OF  
MINISTRY OF TRANSPORT &  
DEVON COUNTY COUNCIL  
AJ Withycombe Clerk                      R J Stone Surveyor**

Tony Brealy told me the bridge was built to carry all the heavy plant needed to build Winkleigh Airfield for the Second World War. Ron Crottey, in his 1995 book on the History of Winkleigh, reports that new airfields were planned in Devon before the Second World War. The one built at Winkleigh was originally intended as a satellite to Chivenor, near Barnstaple. A site north of the village was surveyed, the land requisitioned and contracts awarded to Monk and George Wimpey. The construction machinery, including bulldozers and swing shovels could not easily navigate the existing narrow lane with its sharp bends from Morchard Road; they had to be used to improve it beyond recognition, giving us the road we use today. This information was kindly supplied by Neville Enderson, a local historian from Coleford.

The Harris family has a copy of a Deed of Dedication and Grant between Mrs M A Vicary (Grandmother to John and Margaret Harris at Nymphayes) and Devon County Council, who paid her £35 for the purchase of the land!



## QUIZ

1. How many syllables in a traditional Haiku?
2. Who designed the Queen's wedding gown?
3. Which is the only mammal that can fly?
4. What made the Mongolfier brothers famous in 1783?
5. Where would you be able to find Sir John Betjeman, William Shakespeare, James Galway and Dame Darcey Bussell together at this time of year?
6. Who is the latest Poet Laureate?
7. How many elements in the Periodic Table begin with the letter 'z'?
8. Who is the Patron Saint of Music?
9. What is Oca?
10. What do you call a baby puffin chick?
11. If you were given a Hippeastrum, what would you do with it?
12. Which sport involves a Madison?
13. What is Dame Judi Dench's character accused of in her 2019 film Red Joan?
14. What was Waterloo Bridge over the Thames known as before it was renamed in 1817?
15. The 27th series of which TV show is a cricketer's latest career change?

### Minute Quiz

Three or more "A"s are needed to complete each of these Bible names or places:

BRHM

SMRI

CNN

BRNBS

RRT

Here are the answers for July's quiz questions. How did you get on?

- |                                |  |
|--------------------------------|--|
| 1. Letchworth Garden City 1966 | 9. Venezuela                                   |
| 2. Prince Edward               | 10. Deciduous                                  |
| 3. Sport Utility Vehicle       | 11. Henry IV part 1                            |
| 4. Samuel Pepys                | 12. Eau de Nil                                 |
| 5. Sedgfield                   | 13. A cob                                      |
| 6. A gavel                     | 14. In the European Elections                  |
| 7. The Cello                   | 15. Zadok the Priest by George Frideric Handel |
| 8. Liverpool                   |  |



## APPEAL BY SOPHIE LYON

My name is Sophie Lyon and I have been hard of hearing for some years now. In October 2017 I received my first hearing aid; I didn't realise what I had missed until I got it.

Rugby is a sport which I have been passionate about for years and to have the opportunity to be involved with the England Deaf Rugby Union (EDRU) Women's squad is amazing; I feel extremely lucky. I have been playing since I was 16, beginning with my local team at Crediton RFC in the U18's team and now I play for the ladies' team. I was also in the Exeter Chiefs Women's Academy at Exeter College for 2 years. I have also been volunteering every week for the past couple of seasons, helping to coach the U13 girls' team at Crediton, which is an incredibly rewarding role. I hope to inspire and be a role model for the young girls who are a part of this squad.

EDRU are planning a tour to South Africa in May 2020, and I am really proud that I have qualified to be involved in the tour. It will consist of a 3-part test for the men's team and a planned international game for the EDRU women. This tour is partially self-funded, so I am asking for any kind donations to help me get to South Africa. Cash donations can be posted/dropped at:

1 Waie Gardens, Zeal Monachorum, Crediton  
EX17 6DE

I have also arranged a fund-raising bingo session at the Waie Inn on Wednesday 9th October: please come along and support if you able to.

I have also set up a GoFundMe page at:  
<https://www.gofundme.co/england-deaf-rugby-tour>

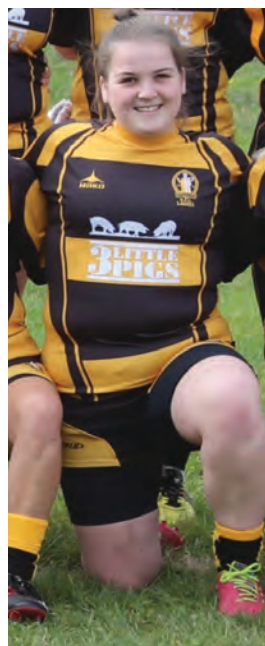
Any donations will be very much appreciated by me and the whole of EDRU as we aim to promote silent rugby. Thank you.

**Sophie Lyon**

*"Sport teaches you character, it teaches you to play by the rules, it teaches you to know what it feels like to win and lose - it teaches you about life!"*

*Billie Jean King*

*Sophie  
dressed for the game*



# PARISH COUNCIL

## **Chairman's report, Zeal Monachorum Parish Council, AGM 23 May 2019**

We have achieved one meeting every 2 months for the complete year, and 3 of our 7 meetings were attended by members of the public. We had one EGM on 30 August 2018. Our meetings covered a variety of subjects most of which were uncontentious. However, during the year there were several high-profile issues: -

a) The state of Eastern Road which took an inordinate amount of time for Highways to resolve and is yet again beginning to degrade.

b) Open fires during the dry months, there being a number of thatched properties in the village; unfortunately the PC has no powers to create bylaws, but advice was issued via the newsletter.

c) The village sign: this has now been completed and thanks are due to a number of members of this PC who installed it, especially Ken Hogg and Ken Down.

d) Use of part of our share of the Windfarm Community Fund to support Burston Recreation Association.

e) A variation of the planning condition for the Chapel, this was the subject of the EGM as the original application was contentious. In any event no members of the public attended and the variation was supported.

f) Speed in the village: the police were asked to attend and advised that they would monitor the speed and discussed various measures that could be employed to reduce speed. Since then a working farm dog has been killed by a vehicle outside the restricted area so this is a parish wide problem with no easy means of resolution. I note that it was proposed that Highways attend a PC meeting, but this has not yet happened.

g) Village newsletter: a new format was proposed, inclusive of all aspects of the village and the PC agreed start-up funding up to £500 from council funds. The new village newsletter has now had its first issue and appears to be very popular.

h) Lake and lodges east of Hayne Cross: it was noted that work had already started with no consent and until that issue was resolved by enforcement action then the application could not be fully considered. However, as the application was still present on MDDC website then we should respond. The PC voted to raise objections to the proposal.

### **Mike Bostock**

Chairman, Zeal Monachorum Parish Council

NOTE: The next Parish Council meeting will be held on:

**Thurs 26 September at 7.30pm in the Village Hall**

01363-773377

# Wistaria Dental Practice



## Caring Family Practice

Full range of clinical and cosmetic treatment  
Including dental hygienist and dental health education service  
Sympathetic treatment of anxious or nervous patients

Payment plan available

Michael T Bostock BDS, MGDSRCS, LDSRCS

Western Road, Cridton, Devon EX17 3LT

[www.wistaria.co.uk](http://www.wistaria.co.uk)

New patients welcome



## LAPFORD CROSS

MOT, SERVICE CENTRE & CAR SALES.

Lapford Devon EX17 6QT

Tel: 01363 83373

Our professional workmanship is available in all of the following disciplines:

MOT class 4 & 7 (motorhomes & transits)

Servicing

Diagnostics

Air Conditioning

Car Sales

Tyres

Exhausts

Batteries

We offer courtesy cars for your convenience, subject to availability.

Bosch Accredited Diagnostic Technicians.

[www.lapfordcrossgarage.co.uk](http://www.lapfordcrossgarage.co.uk)

the Good Garage Scheme

## CREDITON FOODBANK COLLECTION

The donations received in June were overwhelming. Zeal Monachorum, when an appeal is made, you never fail to respond and I can assure you it is never missed at the Foodbank. Thank you for the food and money donated at the Village Market. Since then I have received bags, boxes and money during the month of June: amaaaaazing, THANK YOU. Sadly this emergency is not a one off so your continued support, when possible, will be greatly appreciated.

As there won't be a Market during August and I will be on holiday for the best part of the month please, if you would like to donate, could you drop off any donations to Jan Brealy at North Star House. Many Blessings to you all for your generosity and love for all those who have nothing or very little, and who thank you too.

We hope to have a regular 'foodie page' featuring favourite recipes and possibly good places to eat. Contributions from you, our readers, would be very welcome.

### MEL'S SMOKED SALMON PATE

#### INGREDIENTS:

150g Smoked Salmon

200g Soft Cheese

½ Teaspoon Dill

**METHOD:** Place all ingredients into a blender and blend to a smooth paste, chill and serve.

This pate is very nice served on Branston Pickle Mini Cheddars or French toast available from the Taw Valley cheese shop in North Tawton.



Genuine Free Range eggs  
for sale at

**SERSTONE FARM**

Come and collect or call:

01363 82366

**Our newsletter is printed by Burrige Printers of North Tawton**

**See their ad on Page 7**



## WAIE INN EVENTS

Badminton Monday evenings 6.30-8pm  
Parent & Child £5, additional children  
£2.50, Adults only £4.50.

(details on our Facebook page)

Walking football: now postponed to  
winter

Open netball: Weds 7 - 8pm, for  
intermediates/good players; contact  
Nicola or Sue 01363 82348

Walking Netball:  
Thursday evenings 6-7pm

Weekly on Tuesday evenings there is an  
open Water Aerobics session in the  
swimming pool from 7.30-8.15pm.



**WAIE INN**  
THE FAMILY PUB

The Waie Inn  
Zeal Monachorum  
Credition, Devon  
EX17 6DF  
Telephone 01363 82348  
Fax 01363 82898

Email [info@waieinn.co.uk](mailto:info@waieinn.co.uk)  
[www.waieinn.co.uk](http://www.waieinn.co.uk)

A Family Pub for the Whole Family

### Facilities Include

Indoors: family restaurant & bars,  
a soft play area with seating & coffee shop,  
a heated swimming pool,  
full size snooker/pool tables & squash courts.  
Outdoors: a play area/astro football pitch/  
climbing frames.  
New: a sports hall with badminton, netball,  
tennis & football.

Open Daily from 8am to 11pm

## ZEAL EXPLORERS

*No report this month but we are pleased to include this picture,  
taken by Ali Birch-White on one of their walks*



**SPENCE**  
**SCAFFOLDING**

2 Churchill Gardens, Zeal Monachorum, Devon, EX17 6EG  
TEL: 0779046 5017  
Email: info@spencescaffolding.co.uk  
www.spencescaffolding.co.uk

**MARTIN DOWN - 07812 513383**  
**GARDEN MACHINERY/ATV**  
**SERVICE & REPAIR**  
NEW STIHL/VIKING MACHINES TO ORDER

 **SECOND-HAND MACHINES**  
**COLLECTION AND**  
**DELIVERY**  
**SERVICE AVAILABLE**

**Quality Hardwood**  
**Logs**  
Fred Saffin  
01363 85193  
07999 446920

**You can**  
**advertise your business in**  
**our newsletter**

**Sizes and prices per year from:**

**Ken Hogg 07749 329832**

**Blueberry Hill Market Garden**  
Fresh produce delivered,  
chemical and plastic free,  
and very local!  
Contact:  
blueberryjacqui@hotmail.co.uk  
07932 083623

***Pet Beds By Mandy***  
Elegant & bespoke with velcro  
removable covers, paw print  
fleece backing & duvets, all washable  
Prices from £10;  
for no obligation viewing  
Contact: 07855-830668  
[\*\*\*mandymitzi2@gmail.com\*\*\*](mailto:mandymitzi2@gmail.com)

## **FOR SALE & WANTED**

Mandy has up-cycled unwanted duvets for the last 7 years by making pet beds. Through sales of these she has been able to donate over £1,000 to various animal charities. Any unwanted, washable Duvets would be most welcome to help with her very rewarding Craft & continued donations.

We have also been asked to put out a request for information as to the whereabouts of the 'Human Fruit Machine'. This is a popular feature of village events and it has disappeared. Please contact Jan Breally on 01363 82563 with any information.

## CONTACTS

**Local Parish Council:** chairman Mike Bostock. Tel. 01363 82341

**Village Hall:** chairman Ken Down. Tel 01363 82204.

**Mid Devon councillor:** John Daw, Tel. 01363 877238, email:  
jdaw@middevon.gov.uk

**County Councillor:** Margaret Squires, 01363 84337,  
email: margaret.squires@devon.gov.uk

**Parliament:** Mel Stride MP Tel. 01392 823306  
e-mail mel.stride.mp@parliament.uk

**Newsletter: Editor:** Jan Summers e-mail zmon.news@gmail.com

**Secretary:** Jackie Watson e-mail zmon.news@gmail.com

**Advertising:** Ken Hogg e-mail zmon.news@gmail.com

### Details of some nearest services

**Post Office:** Bow Aquatic Centre, Bow, Crediton, Devon EX17 6LA  
Tel: 01363 82438, e-mail: info@bowgardencentre.co.uk

**Library:** Belle Parade, Crediton EX17 2AA Tel. [01363] 772578;  
closed Weds.

**Primary Schools:** Bow: Station Road, Bow, Crediton EX17 6HU. Tel.  
[01363] 82319

Lapford: Eastington Road, Lapford, Crediton EX17  
6QE.Tel. [01363] 83292

**Secondary School:** Queen Elizabeth's School, Western Road, Crediton  
EX17 3LU. Tel. [01363] 773401

**District Council:** Mid Devon DC, Phoenix House, Phoenix Lane, Tiverton  
EX17 6PP

www.middevon.gov.uk Tel 01884 255255

e-mail: customerfirst@middevon.gov.uk

**Waste and recycling:**

www.middevon.gov.uk/residents/recycling-rubbish

**County Council:** Devon CC, County Hall, Topsham Road, Exeter EX2 4QD

www.devon.gov.uk Tel. 0345 155 1015[general

enquiries], e-mail: customer@devon.gov.uk

Care Direct: Tel. 0345 115 1007

Highways: Tel. 0345 155 1004





“Hayne is Devon heaven!  
...flawless hospitality in an idyllic setting”

Mary Finnigan (Client)

Exclusive Party, Wedding & Event Venue

[www.haynedevon.co.uk](http://www.haynedevon.co.uk)