

FREE

Issue 7, December 2019

MONACHORUM MATTERS

The newsletter for Zeal Monachorum and St Peter's Parish



Holly in Winter by Claire Lewis. More seasonal pictures on Page 25

VILLAGE EVENTS – DECEMBER

Every Weds	Coffee morning in Village Hall, 10.30am – 12 noon
Thurs 28 Nov	Parish Council, Village Hall, 7.30pm
Fri 29 Nov	Mobile Library, 1.05pm at old shop, 1.30pm at Waie Cross
Sat 30 Nov	Advent Fayre, Village Hall, 12.30pm, lunches available (Page 4)
Weds 4 Dec	WI: Christmas meal at Waie Inn, 6.30 for 7.00pm
Mon 9 Dec	Village Walk, 2.00pm at bus stop
Weds 11 Dec	Christmas Bingo, doors open 7.00pm, eyes down 7.30pm
Thur 12 Dec	General Election, cast your vote from 7.00am to 10.00pm
Sat 14 Dec	Market, 10.00 am – 11.30 am, with WI Christmas stall
Sat 14 Dec	Dinner & Disco evening at Waie Inn, 7.30pm; call 01363 82348
Weds 18 Dec	Film Night: 'Red Joan', doors open 7pm, film 7.30pm
Thur 19 Dec	Carol Service, 6.00 pm
Tue 24 Dec	Christmas Eucharist, 9.30pm

ACTIVITIES AT THE WAIE INN

SPORTS HALL

Mondays: 6-7pm Walking Netball,
8-9pm Walking Football, both £2.50

Wednesdays: Circuit training 9.30-
10.30, Body conditioning 10.30-11.30.

SWIMMING POOL

Tues: 7.30-8.15 Aqua Aerobics

Wed: 11.45-12.30 Aqua Aerobics

NEW YEARS EVE

Fireworks just after midnight

OVER 60S LUNCH CLUB

Tuesdays fortnightly: 2 courses plus
tea/coffee £7; 3rd and 17th Dec.



MOBILE LIBRARY

Catch the last visit this year on Friday 29 November. Stopping at:

LAYBY NEAR OLD SHOP 13.05 - 13.25 and WAIE CROSS 13.30 - 13.50.

The mobile library will be back next year on Fri 10 Jan, usual times and stops.

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More info from Devon Libraries www.devonlibraries.org.uk

EDITORIAL

A big thankyou to everyone who has contributed Christmas themed pictures – we’ve tried to include as many as we can fit into this issue, and we hope you enjoy looking at them.

We report with regret that Mike Russell has resigned from the editorial committee; we are very grateful for all the help he gave in getting the newsletter started.

As Christmas draws near, life seems to get ever more hectic and it’s all too easy to get totally wrapped up in what we think needs to be done. Whatever your politics, David Cameron had it about right when he said: ‘Christmas gives us the opportunity to pause and reflect on the important things around us’. At this seasonal time, let us all try to spare a thought for those less fortunate than ourselves.

Here’s another Christmas-themed quote, this one from Andy Rooney: ‘One of the most glorious messes in the world is the mess created in the living room on Christmas Day. Don’t clear it up too quickly’. If you share your holiday season with small people, enjoy it and don’t mind the mess, they grow up all too quickly.

We wish you a very Merry Christmas and a happy and healthy New Year – see you in 2020.

DEADLINE FOR JANUARY ISSUE: DECEMBER 7

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ST PETER'S CHURCH NEWS

In the church over the last two months we have had most of the usual services including Harvest Festival, which was particularly well attended. Mike, our Worship Leader, took the service and everyone agreed he conducted a lovely traditional celebration. We raised over £76, which has been donated to the Farming Community Network crisis appeal.

From the registers we had a wedding between Philip Martin and Kate Ellis on 21 September; congratulations to the happy couple.

There was an interment of ashes for Simon Moore on 10 October; our thoughts are with Pamela, his wife, at this difficult time.

We have a Quintennial inspection this month; a process we are required to do by Canon law. This means a designated architect inspects the building and then reports to the PCC and the diocese on essential works needed. We have to have this work done within a specified time frame.

The Christmas season is upon us once more and, here in the church, we are in full swing with our services and celebrations. We start with the Advent Fayre in the village hall on Saturday 30 November, from 12.30pm when home-made soup and rolls will be available. Margaret Harris will be there with her delicious cakes as will Father Christmas and lots of stalls, plus a Christmas raffle. Our carol service will be on Thursday 19 December at 6.00pm, followed by the usual mince pies and mulled wine. On Christmas Eve at 9.30pm there is the usual Eucharist 'midnight' service. We look forward to seeing as many of you as possible at these events.

As many of you know, Darren Chandler completed a 32 mile local run in aid of Devon churches. He generously donated £150 to St Peter's, a big thank you to him. This, and other fund raisers, make such a difference to us.

As you are all aware, we have no vicar; we are relying on a band of retired clergy who generously give up their time to ensure we can have at least a Eucharist service once a month. All the parishes have been informed by the Archdeacon that a replacement will not be forthcoming unless all parishes are up to date with the Common Fund. This is the amount we have to pay to the diocese, which pays for the clergy and all the ensuing costs involved. At present we are up to date with our contributions of £185 per month. This, along with insurance, electricity and general running costs is putting a considerable strain on our church and its dwindling congregation.

We rely heavily on our fund raisers and, to this end, I am appealing to all in the village to contribute to the upkeep of the church via the Parish Giving Scheme. If you value St Peter's as a place of worship or for the pleasure of having a beautiful old building in our midst, please consider pledging, via a standing order, a set amount every month to the church. It does not need to be a fortune; just £5 per month from more parishioners would make a huge difference to the general running

of St Peter's. By donating in this way Gift Aid can be collected immediately instead of submitting on an annual basis. If you would prefer to contribute to the upkeep of the church grounds, the cemetery, pathways and car park, the cost of which is almost £1000 per year, there is a designated account for this. We are hoping, next year, to redo all the paths within the boundary of the church, to make them safer for everyone. Every penny goes directly to St Peter's.

Any help that you can give, no matter how small, will make a real difference to our finances and to the upkeep of our beautiful church, and will ensure that we can continue to offer services with our limited resources. Thank you for reading this; any questions please feel free to contact me.

Susie Bostock

Tel: 01363 82341

Email: sabostock@gmail.com

SERVICES AT ST PETER'S IN DECEMBER

1 December	10.00am	Morning Prayer	Worship Group
Advent 1	O/T reading	Isaiah 2: 1 - 5	Lynn Warren
Patriarchs	N/T reading	Matthew 24: 36 - 44	Tony Breal
		Sidesmen Welcome	Marian Quick
		Offertory	
8 December	6.30pm	CW Eucharist	Rev. David Rowbottom
Advent 2	O/T reading	Isaiah 11: 1 - 10	Gavin Rowden
Prophets	N/T reading	Romans 15: 4 - 13	Colin Crothers
	Gospel	Matthew 3: 1 - 12	Rev. David Rowbottom
		Sidesmen Welcome	Tony Breal
		Offertory	
15 December		No service	
19 December	6.00pm	Carol service	Andrew Herniman
		Sidesmen Welcome	Tony Breal
		& Offertory	Marian Quick
22 December		No service	
24 December	9.30pm	Christmas Eucharist	Rev. David Rowbottom
Midnight Mass	O/T reading	Isaiah 52: 7 - 10	Graham Rounsley
	N/T reading	Hebrews 1: 1-4 (5-12)	Becky Harvey
	Gospel	John 1: 1 - 14	Rev. David Rowbottom
		Sidesmen Welcome	Tony Breal
		Offertory	
5 January 2020	10.00am	Morning Prayer	Worship Group
Epiphany	O/T reading	Isaiah 60: 1 - 6	Lynn Warren
	N/T reading	Matthew 2: 1 - 12	Tony Breal
		Sidesmen Welcome	Marian Quick
		Offertory	

FLOWER ROTA

December 24th, 29th and 5th January 2020 Margaret Down, Thorne

FISHING CLUB CHAT

Hi All

As we write this we have winds in excess of 80mph and driving rain, this is not exactly fishing weather. Hoping it improves soon. We have a mink problem at our lake once again and we shall be putting mink traps out around the lake. I would like to mention that we have a complete bag of different baits which we have acquired, any member who wants these is quite welcome. There are boilies, different oils and different mixes and potions. Please give me a ring on 07749 329 832 and I will arrange for you to collect them. There are just 10 calendars left, so anyone requiring one, just give us a call. By the time you get this, Christmas will be soon upon us so we wish all a very Happy Christmas.

Tight lines

Ken and Jane

ALLOTMENTS

I have recently asked the Parish Clerk to look into the availability of allotments within the village. I am not sure what procedures are required and await his response. I have noticed that Copplestone, Lapford and Bow all have allotments. If there were a possibility of achieving an allotment site within the village, we would probably require a list of interested parties to proceed. If any keen gardeners are interested give me, Ken Hogg, a call on 01363 82400, 07749 329 832, or email jane.hogg13@btinternet.com.



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50 YEARS LONG SERVICE, Part 2

The cheese factory at North Tawton was opened in April 1974 by Norman Buchan, Minister of Agriculture at that time. North Tawton Town Band played and children from the primary school came down and waved flags and the BBC was also there. Few of the Ambrosia Lapford workforce relocated to North Tawton; most of them lived locally and had been able to walk or cycle to work. At North Tawton, staff travel from as far afield as Broadclyst, Kingsbridge, Tavistock, Bideford, Woolfardisworthy (North Devon) and Bude. Taw Valley uses a completely different process to that used at Lapford so workers were brought from other cheese production sites in Excess, and from local farmhouse cheese producers. We have, over the years, had some very high profile visitors, all being given the red carpet treatment. In September 1979 Margaret Thatcher scuttled around the site at a rate of knots. Then, in March 1980, Prince Charles made a visit, along with dignitaries from local councils; he stopped and talked to everyone he saw.


In 1933 the Milk Marketing Board was formed to control milk production and distribution in the UK and to guarantee a minimum price for milk producers. At North Tawton, we were allocated 1,000 producers, each one's milk having to be sampled from the farm bulk tank by the tanker driver, and tested for fat, solids not fat, antibiotics and resazurin (to check the keeping quality of the milk). Producers were paid for the quality of their milk, or money was deducted if standards were not met. In November 1994, the Board was abolished and producers could choose to supply dairies direct or sign up with Milk Marque (Milk Marketing Board successor). Dairies wanted to be assured of their milk supply so many gave incentives to producers to sign up with them.

At its peak, Lapford handled 40,000 gallons of milk (182,000 litres) a day from around 750 local producers. Currently, at Taw Valley, over 1,100,000 litres are processed every day producing about 120 tonnes of cheese. The biggest producer currently supplying Taw Valley has 1200 cows producing 45,000 litres of milk per day. Taw Valley's maximum production capacity is 42,000 tonnes per year, running for 365 days per year, 24 hours per day.

At the end of the cheese making process the curd is cut into 20kg blocks, which are placed into a thick polythene barrier bag, heat sealed to prevent mould growth, labelled with production code and then placed into a strong cardboard box. A pallet of 50 blocks amounts to one tonne of cheese. Pallets are placed into the maturing store at Taw Valley, holding 5,000 tonnes. The rest is transported to Arla's central maturation store at Whitcurch in Shropshire; currently stock stands at 20,000 tonnes of cheese. The varieties produced include Mild, Mature, Extra Mature, Red Leicester, Double Gloucester, Reduced Fat (22% fat approx.) and Half Fat (15% fat approx.). Organic cheese is made on a Saturday morning from milk supplied by OSMCO (Organic Milk Dairy Co-operative) and we make cheese using Welsh milk. The whey produced from the cheese is separated and the cream is churned into Whey Butter, making about 6 tonnes per day. Our cheese shop is open Mon to Fri, 9am to 5pm, and Saturday 9am to 1pm - come and try our delicious cheeses.

To be continued

Margaret Harris




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DEN BROOK COMMUNITY FUND

At its last Committee meeting, members of the Den Brook Community Fund voted to award grants totalling almost £32,200 to nine organisations spread across all five eligible parishes, to support them in realising exciting project proposals. In every case, it was recognised that the project would help the organisation to achieve the next stage in the development of their core activities.

Grant recipients included two scout groups, a recreation ground association, a village trust, a gardening club, an athletic club, a historical society, newsletter group and a community centre. In addition to providing development funds for the improvement of cultural and sporting facilities, two of the larger projects assisted with stage payments to help facilitate the refurbishment of buildings.

This was the Committee's fourth "round" of grant allocations and over the past two years, the fund has been able to allocate funds totalling almost £112,000 to 19 different organisations, providing support towards a wide variety of projects. The projects have all, in one way or another, contributed to the seven community benefit objectives the Committee originally identified- -

- a) Improve local physical health and mental well-being
- b) Promote the care and support of disadvantaged or vulnerable people
- c) Encourage and support voluntary activity, community spirit and participation through social, sporting and cultural activities.
- d) Improve local employment opportunities
- e) Produce deliverable benefits to local communities which provide a sustainable legacy over an extended period of time
- f) Provision of environmental benefits which contribute to energy efficiency initiatives
- g) Promote equality of opportunity through delivery of neutral, secular, and a-political outcomes

Grant applications for new projects, which can help make a contribution to some of the objectives above, are invited from voluntary organisations, clubs and societies (based in the five parishes of Bow, North Tawton, South Tawton, Spreyton and Zeal Monachorum) for the next "round" of grant awards. The closing date for this round is 31st Jan 2020.

An application pack containing our new Guidance Sheet (which explains our Cost/Benefit scoring system), the terms and conditions and the application form, is available from Den Brook Community Fund, c/o North Tawton Town Council Offices, 14a The Square, North Tawton, Devon EX20 2EP or by e-mail at denbrookcommunityfund@gmail.com

The Den Brook Community Fund is administered by representatives of Bow, North Tawton, South Tawton, Spreyton, & Zeal Monachorum Town and Parish Councils.

Stephen Webb



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VILLAGE HALL NEWS

VILLAGE MARKET

At the November market Isabel Harris's stall in aid of Children in Need did well, raising £106. She included a raffle and the prize-winners were: Jeffery Harris, who won a breakfast box; Jan Summers, who won a dinner box and Rob Peck, who won afternoon tea. Isabel thanks everyone who supported her. Our next market is on Sat 14 December with all the usual stalls plus the WI ladies will be running a Christmas stall – great for last minute (almost!) Christmas goodies.

BINGO

Even if you're not a regular Bingo visitor, come along to the Christmas Bingo on Weds 11 December. You are guaranteed a great night with lots of laughter and prizes, not forgetting mince pies. Doors open at 7.00pm, session starts at 7.30pm.

Every Wednesday morning several of us gather in the Village Hall for a cup of coffee and a natter. The picture below, taken by David Bowyer, shows some of our regular attendees, from left: *Martyn Down, Alan Hollingsworth, Tony Brealy, Ken & Jane Hogg, Sally Rowden, Tony & Anne Hubery, Hazel Wainwright, Jan Brealy, Judi Hollingsworth, Chris Allis, Jan & Alan Summers, David Wainwright, Gordon & Margaret Denham, Rose Barker and Trevor Rounsley (with backs to camera).*



For Village Hall and Market bookings:

Jan Summers, 01363 82571, email jansummerszm@gmail.com

CHRISTMAS FOODBANK HOUSE TO HOUSE COLLECTION

Thank you to all who donated during the month of November. The Foodbank was truly blessed with Harvest donations from churches and the Young Farmers. This meant that during November Foodbank volunteers were able to give clients all that they needed. Sadly, come December the shelves will need replenishing once again.

Christmas for everyone is a stressful time. For those who have little or nothing through no fault of their own it is a time of despair. The list of reasons for people being in this situation is endless and no one can say this will never happen to me. Many who come into the Foodbank say "I never imagined I would be in this situation". The Foodbank plans to make up bags of food which will include mince pies, Christmas puddings etc., and the necessary ingredients for a roast dinner and gifts that have been donated. Money donations will be used to buy fresh foodstuffs and will help with emergency heating where needed.

The house-to-house collection will begin week commencing Mon 2 December, but if we miss you and you want to donate, please ring Lois on 82982 and we will be happy to collect. Please remember, if you do not wish to be disturbed, leave the newsletter where we can see it.

Wishing you all a very Happy Christmas and many Blessings from Christians Working Together in Crediton.

ZEAL MONACHORUM WI

At our November meeting Sir Neil Butterfield gave an amazing talk on Crime & Punishment and made a serious subject interesting and amusing.

Our December meeting sees the institute at the Waie Inn for our Christmas dinner, 6.30 for 7.00pm. The January 2020 meeting will be held on the second Wednesday – January 8, as the first Wednesday is New Year's Day. Our speaker, Andrew Bowyer, will talk about the World Equestrian Games – visitors welcome for just £1.

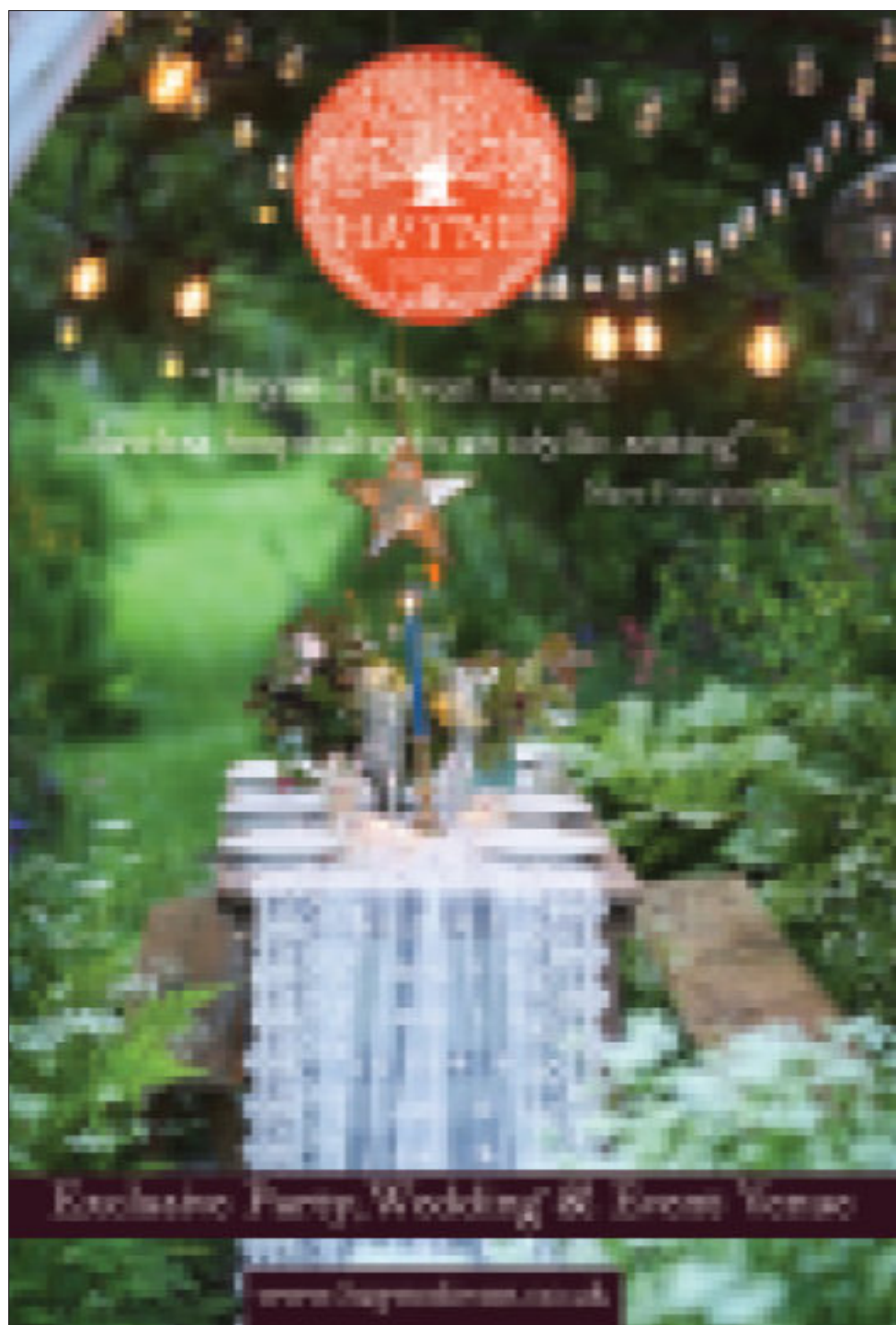


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ZEAL ARCHIVE

SHOCKING CATASTROPHE - HAYNE FORD ZEAL MONACHORUM

Monday 29 November 1841

Part 2 THE RESCUE and INQUESTS

Having seen the carriage go into the river with the Rev Hughes, Mrs Hughes and the servant, and the Rev Hughes's son having fallen into the water off his horse, one of the labourers present, William Beavis, went to get help. Providentially Mr. William Bibbings, carpenter of Zeal Monachorum, and his son, were going down to the stream in order to see the height of water.

During the inquest Mr Bibbings said that "at about 7 o'clock, I was coming from Zeal with my son, I met Mr Beavis, who requested us to come to the water. He told us what had happened, and when we came there we listened a little while to try to catch any sound, but we heard nothing, and we saw nothing in the water. After a short time I went into the water, and desiring the rest to be silent, while I made a signal, I cried "Halloa, Mr Hughes." I then listened intently, and could just catch the sound of a very faint voice, saying "Halloa, halloa." I then desired the rest to catch hold of me, and follow me into the water. When I had got in about four feet depth of water into the direction from which the voice proceeded, I found Mr Hughes in the stream grasping an alder twig. Mr Hughes cried out, "My good fellow, save my wife - where's my dear Sophia?" We carried him out of the water on the bank. We then continued our search for the other bodies till 12 o'clock at night, when we went home". The search was resumed in the morning at 6 o'clock. At about 8 o'clock John Parish, a mason of Bow, found "the body of Mrs Hughes in a hedge, ten perches down the river, the hedge is about ten yards from the water; the body was on the hedge, and the legs were suspended over the side. Her head was reclining on her left hand."

Richard Pike, of Bow, said "I saw the body of Mrs Hughes on the hedge. I also saw the body of George Hughes near the weir, about 25 land-yards below the bridge. It was in the water, the head under the roots of some alders, by which it detained. Giles Bond took the body out of the water, and I assisted him. There appeared to be no marks of violence on either of the bodies; there were some scratches on the face of George Hughes, received probably among the alder roots, where he was firmly fixed. There was a great number of persons present."

The bodies were removed to Mr Snell's at Hayne, to await the Coroner's inquest which was held at Hayne Farm on Thursday 3 December before J Partridge, Esq. and a respectable jury of neighbouring yeoman. The body of the servant, aged 15, had not been found. The jury first proceeded to view the bodies, which were lying in the farm-house, the only disfigurement observable on them was caused by some slight scratches. They presented a most painful and melancholy appearance. The Rev. Septimus Palmer, of North Tawton, stated the age of George Hughes to be 18 years, and Mrs Hughes about 50. After hearing from the witnesses the Jury immediately returned a verdict of "Accidental death by drowning."

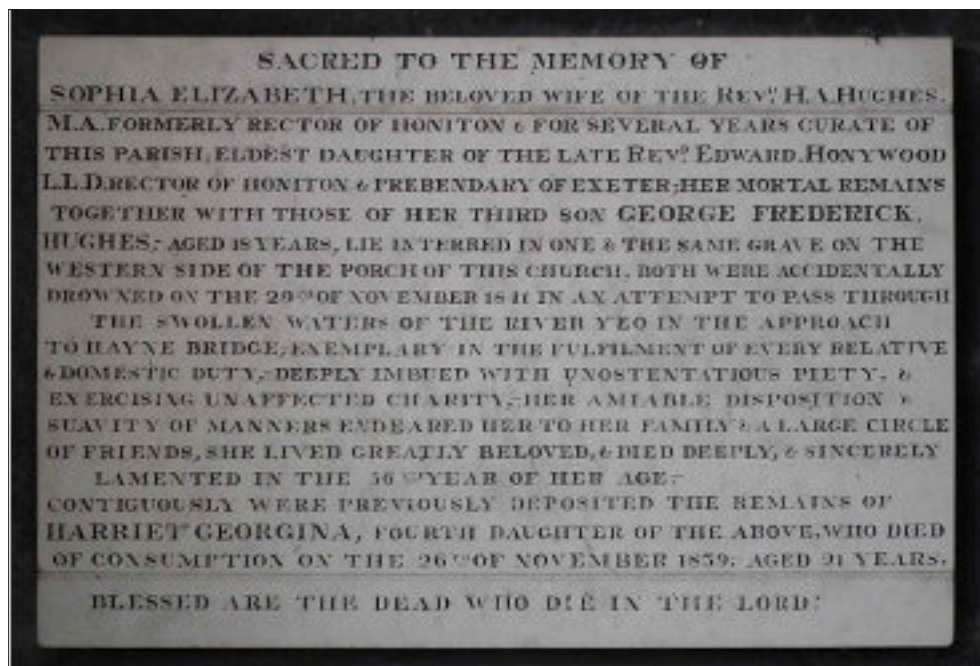
The funerals of Sophia and George Hughes took place on 3 December in Clannaborough Church where there is a memorial to them in the chancel (pictured below). Mr Hughes's daughter went to Bondleigh with him but was persuaded to stop the night, or probably, nay almost certainly, she would have met with the same melancholy fate as her mother.

It was not until 10 January 1842, about 7 weeks later, that the body of John Knowles, the servant, was found by his father and his brother-in-law, half a mile downstream from the spot where the poor lad lost his life. The body was entangled in the roots of some alder bushes. An inquest was held the next day and a verdict of accidental death returned. John Knowles was born in Colebrooke in 1826 was buried there on 12 January 1842.

Taken from: North Devon Journal 2 December 1841, Western Times 4 December 1841, Exeter and Plymouth Gazette 22 January 1842.

To be continued next month.

Erica Eden



RAINFALL

September 111mm, October 148mm.

NOTE Apologies for the wrong September figure shown in the last issue

QUIZ

A light hearted quiz this month that the younger generation will be able to join in with.

1. What is the period leading up to Christmas known as?
2. How does Good King Wenceslas like his pizzas?
3. Which country first gave us a Christmas tree?
4. How many letters in the angelic alphabet?
5. What was Joseph's job?
6. Who were the first people to visit baby Jesus?
7. What was the name of the angel who visited Mary?
8. Where did baby Jesus sleep?
9. What colour is the Grinch?
10. Name all the reindeer whose names begin with D.
11. Which country did the gingerbread house come from originally?
12. What is the name of the singing snowman in Frozen?
13. In the song, what were the 10 Lords doing?
14. Which plant is called Ilex?
15. What is the name of the little boy in 'The Snowman'?

Minute quiz

What is the final number if you add the wise men to the days of Christmas and subtract the gold rings and multiply by the swans a swimming?

Answers from last month

- | | |
|------------------------|------------------------|
| 1. Robbie Williams | 9. MMXIX |
| 2. The rugby world cup | 10. 2, Ruth and Esther |
| 3. Lancelot | 11. 60% |
| 4. The Ikea catalogue | 12. 7 |
| 5. Almost | 13. Aperitif |
| 6. Michael Gove | 14. Skye |
| 7. Winston Graham | 15. 7 |
| 8. A gherkin | |



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Make your own Christmas stockings and hearts



*Christmas crafts plus cross stitch kits will be available to purchase at the WI stall
Zeal Monachorum Christmas village Hall market
on the 14th December.*

Any suggestions on what you would like to see featured on the next craft page would be very welcome.

Please contact Karen

Email: karenhunt1962@outlook.com

1. Cut around the templates to the size you wish. Pin to the fabric and cut out on the black lines.
2. Cut out 2 sets of cuff and toe pieces and stitch onto both right sides (top side) of stocking using running stitch.
3. Embroider holly leaves using running stitch.
4. Place both wrong sides of stocking back to back, and blanket stitch together along edges through both layers.
5. Stitch hanger cord into place.



Equipment:

Embroidery threads
Needle
scissors
Templates
Red felt fabric

Templates



Back Stitch



A Back stitch is a simple outline stitch. Bring your thread in from the back of point A. Insert your needle from the top, just below your previous stitch at point B. Bring your needle back up to the front at point C, leaving room for an additional stitch.

Blanket Stitch



A perfect stitch for edging and joining fabrics together. Pull the needle through to make an L-shaped half loop with the embroidery thread. Continue working the stitch, spacing them a short distance apart at regular intervals. To end, go back down to the right of the last stitch.

THE VILLAGE WORKSHOP

The Bowyer family: David, Tina and their children, Julian, Andrew and Lucy moved to Zeal Monachorum from Hampshire in 1984 where David's original profession was a carpenter/joiner and builder. Zeal Monachorum has not disappointed them; a wonderful village to live in. David sold his winch business last year and retired, although he still retains the off road course, used occasionally. Having emptied and sorted out his workshop, he has decided to open up what he calls 'The Village Workshop'. Something to keep him busy in his semi retirement!

Inspired by the BBC 2 programme 'The Repair Shop' David has always enjoyed designing and making things in wood. He thought, why not put his experience to either making things or repairing items for people in the area?

Over the years, David has accumulated a very comprehensive range of tools together with saw-benches, a bandsaw and a large wood lathe. He still owns a smaller Coronet lathe that he purchased 49 years ago which he now uses as a polishing/buffing machine. Along with other sundry sanding, drilling and grinding/sharpening machines, David can easily cope with most things thrown at him, including sharpening tools.

He also has a good range of screws, bolts, fixings and many different glues to make and repair most things. David also has available some nice wide pine timber for making shelves for books and magazines.

David can make to order various garden items such as garden gates, pergolas, features, and garden tables with seating in various designs for up to 8 people. In fact, if you have any ideas of what you would like made in wood for either your garden, or home, why not give him a ring?

In his earlier days when his father retired from the building industry, David had a workshop restoring antiques and making reproduction oak refectory tables. It's during those days that he met Tina, that was 52 years ago!

David is also into amateur radio and since he was a teenager has always carried out his own electrics. He has the skills to safely rewire table lamps, etc., and PAT test all plug in equipment as he holds the appropriate certification.

Tina says, 'whatever job, restoration or repair that David carries out, he always likes to do it well and be satisfied that he has given it his best, even if it takes a little longer'.

Whatever your requirements in making most things in wood, or carrying out repairs in the workshop, contact David Bowyer 'The Village Workshop' at East Foldhay, Zeal Monachorum, Crediton, Devon. Telephone: 01363 82782 (workshop) or 07802 759284 (mobile)

THE VILLAGE WORKSHOP

David Bowyer, East Foldhay, Zeal Monachorum
Crediton, Devon, EX17 8DH

Tel: 01363 827612 Mob: 07982 758284

Email: info@davidbowyer.co.uk



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St Peter's Church in the snow, by Jane Hogg



Above: members of the Harris family plucking the Christmas goose.



Sheep in the snow, by Claire Lewis

Below: from the archive, from left Paul Quick, Karen Burrow [now Rounsley], Julie Burrow.



Picture from the archive: from left Sarah Godeck, Andrea Postance, Rebecca Godeck, Lucy Bevan, Sue Steer [now Down]



CONTACTS

Local Parish Council:	Chairman Andrew Chandler. Tel. 07831 167 728
Village Hall:	Chairman Ken Down. Tel. 01363 82204
Secretary & bookings	Jan Summers. Tel. 01363 82571
Mid Devon Councillor:	John Daw. Tel. 01363 877 238 Email: jdaw@middevon.gov.uk
County Councillor:	Margaret Squires. Tel. 01363 84337 email: Margaret.squires@devon.gov.uk
Parliament:	Mel Stride MP. Tel. 01392 823 306 Email: mel.stride.mp@parliament.uk
Newsletter Editor:	Jan Summers. Email: zmon.news@gmail.com

Details of some nearest services

Post Office:	Bow Aquatic Centre, Bow, Crediton. EX17 6LA Tel. 01363 82438. Email: info@bowgardencentre.co.uk
Library:	Belle Parade, Crediton. EX17 2AA Tel. 01363 772 578 Closed Weds
Primary schools:	Bow: Station Rd, Bow, Crediton. EX17 6HU Tel. 01363 82319 Lapford: Eastington Road, Lapford, Crediton. EX17 6QE Tel. 01363 83292
Secondary school:	Queen Elizabeth's School, Western Road, Crediton EX17 3LU. Tel. 01363 773 401
District Council:	Mid Devon DC, Phoenix House, Phoenix Lane, Tiverton. EX17 6PP www.middevon.gov.uk Tel. 01884 255 255 Email: customerfirst@middevon.gov Waste & recycling: www.middevon.gov.uk/residents/recycling-rubbish
County Council:	Devon CC, County Hall, Topsham Road, Exeter EX2 4QD. Tel. 0345 155 1015 [general enquiries] Email: customer@devon.gov.uk Care Direct: Tel. 0345 115 100
Highways:	Tel. 0345 155 1004
Devon Voluntary Action:	www.devonva.org Tel. 01404 544 045

SERVICES AND SUPPORT

Emergency only telephone services

Gas	0800 111 999	Telephone	0800 123 3023
Electricity	0800 404 090	Police	0845 277 744
Water	0344 346 2020	RSPCA	0300 1234 999
Roads	0345 155 1055		

Bow Medical: Iter Cross, Bow Tel. 01363 82333, Prescriptions 01363 82749
DOCTOR: Mon, Wed, Fri 8.30 - 10.00 am;
By appointment Tue & Thurs, 3.30 - 6.30pm
NURSE: Mon: 8.15am - 12 noon, 3.00 - 6.00pm
Tues: 8.15am - 12 noon, 2.00 - 6.30pm
Wed/Thur: 8.15am - 12 noon, 4.00 - 6.30pm
Fri: 8.15am - 12 noon, 3 - 6.30pm
DISPENSARY: Mon - Fri, 8.00am - 1.00pm, 3.00 - 6.30pm

NHS Clinical Commissioning Group:

Newcourt House, Old Rydon Lane, Exeter, EX2 7JU
Tel. 01392 205 205 / 0845 140 5005
Email: D-CCG.corporateservices@nhs.net

SUPPORT AND ADVICE

Citizens' Advice Bureau: Exeter - Dix's Field, Exeter, EX1 1QA
www.citizensadviceexeter.org.uk/contact
Rural Devon - 1 - 3 Bridge Buildings
The Strand, Barnstaple. EX32 8IW
www.ruraldevoncab.org.uk
Tel. 03444 111 444 (both of the above)

Farming Community Network: Manor Farm, West Haddon, Northampton
NN6 7AQ
www.fcn.org.uk
Tel. 03000 111 999

Devon County Council is looking for:
micro businesses, sole traders and freelancers.

Devon County Council has launched a new trial looking at how to provide better support to rural micro businesses in Devon. If you run a micro business in a rural area, help to shape the future of business support by joining our '**Engaging Rural Micros**' research trial. Businesses can sign up until the end of December 2019 at www.engagingruralmicros.com.

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