

FREE

Issue 14 July 2020

# MONACHORUM MATTERS

The newsletter for Zeal Monachorum and St Peter's Parish



*Colourful trees in Western Road, by Jan Summers*

## EDITORIAL

Another month and we're still in lockdown although, at the time of writing (mid June), some establishments have already re-opened and there are signs that others will be doing so soon. However, our lives are likely to continue in this rather unusual fashion for some time yet so this month we have included some extra quizzes to help pass the time. Our regular set of questions can be found on page 15, but on page 3 there are some wild flowers for you to name and on page 14 some logos for you to identify. The answers to all these will be included next month.

I think quite a few people, like me, took advantage of the fabulous weather in May to work in the garden. My impression is that a number of our residents have been heard to say that their gardens have not looked so good in a long while. So, if there are projects or plants that you are particularly proud of, why not send us a picture for the newsletter. It doesn't have to be of the garden, it could be an indoor project, or even photos that you have taken on walks around the village – share your shots with the rest of us. Send them to:

[zmon.news@gmail.com](mailto:zmon.news@gmail.com)

**DEADLINE FOR AUGUST ISSUE – 8 JULY**

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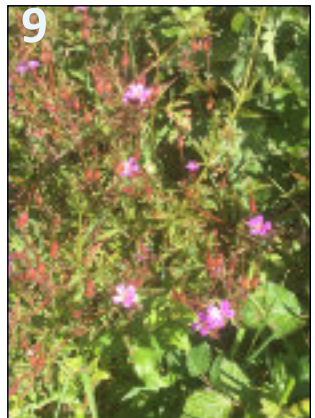
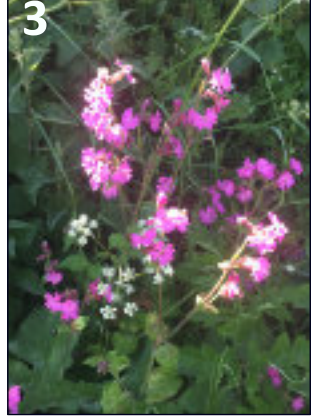
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## WILD FLOWER QUIZ

A different sort of quiz this month - readers, how many of these hedgerow flowers can you name? Answers next month. *Pictured in Western Rd by Jan Summers.*





# *Decorative Living Space*

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Exhibition, 1960s, 1970s, 1980s  
and 1990s



Decorative  
Living Space  
Exhibition, 1960s, 1970s,  
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## THE JOY OF OUTINGS

Zeal Monachorum WI was formed in 1954 and the minute books show it as a popular Institute right from the start with 30 members and a great deal of enthusiasm for the speakers, competitions and activities. It wasn't long before the first big outing was arranged to Lynton and Lynmouth in early July 1955. The photo shows the coach stopped at Dunkery Beacon and if you look carefully you'll see one of our current members - Margaret Dennis. WI outings are still a much valued activity which I'm sure will be resuming when it's safe to do so.



**Archive photo number 61:** WI outing to Lynton & Lynmouth, 1 July 1955, Dunkery Beacon halt.

Left to right Back row: ?, Catherine Elworthy [nee Dennis], ?, Joan Mitchell, ?, ?, Doris Webber, ?, man?,

2nd from back: Lucy Quick, ?, Mrs Snelling, Blanche Blackmore, ?, ?

Middle row: Lottie Hosegood, Mrs Drew, Margaret Dennis [nee Quick], Mrs Bolt, ?

Front row: Janet Squire, Percy Webber, Sylvia Glover [nee Webber], Queenie Cockwill, Mrs Greenslade, ?, Mrs White, Marg Breal, Elsie Steer, coach driver.



Archive photo number 31: WI outing to Weymouth. 21 July 1962.

Left-right: Joan Mitchell, Marg Brealy, Joyce Webb, Queenie Cockwill bending down, Art Steer, Elsie Steer, Ivy Cross, Ron Cross [Lower Cottages Gt Wootton]

Erica Eden



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## FARMING COMMUNITY NETWORK

The Farming Community Charity is celebrating 25 years of helping those in need. During the Covid crisis, volunteers have continued to provide help through email & telephone support.

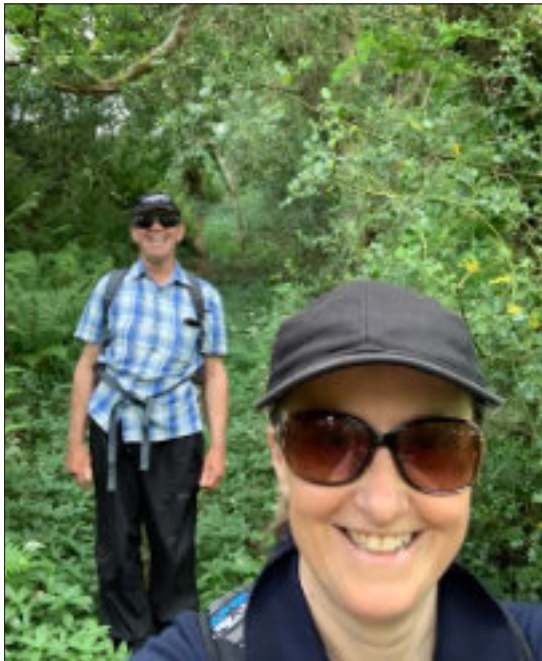
Many 25<sup>th</sup> Celebrations have had to be postponed until next year, including a group of 10 young & older farmers undertaking a 25 mile hike across Dartmoor. As Assistant Co-ordinator I decided to do my own 25 mile walk which I did on Sunday 24<sup>th</sup> May around Mid Devon. I was joined for 10 miles by fellow Co-ordinator Colin Smallacombe and by Barney the dog.

We have raised around £500 so far & donations can be made via our just giving website: <https://www.justgiving.com/fundraising/Jo-Jones42>

For further information about FCN visit: [www.fcn.org.uk](http://www.fcn.org.uk)

Go to [www.farmwell.org.uk](http://www.farmwell.org.uk) - a one stop resource to help you and your farm business stay strong and resilient. Our helpline is open from 7am – 11pm every day of the week 03000 111 999. Or you can email: [help@fcn.org.uk](mailto:help@fcn.org.uk)

**Jo Jones**



*Photos courtesy of EmilyFleurPhoto*

## **FISHING CLUB CHAT**

Hi All

We hope you are all managing during this time of Corona virus and taking advantage of getting outside. For any non-members who would like to fish on a daily ticket you will have to call me on 07749 329 832 to book a fishing day. We need to do this to achieve safe distancing rules and you must all remember to carry your hand gel. The system of booking your fishing slot seems to be working well for all members; we thank you all for your cooperation. The lake is fishing well and we are grateful for this recent rain.

Once again our continued thanks to Rupert Dodge and his boys for all their help in maintaining the lake during this time. Please, all stay safe and don't forget to get in touch if you wish to fish.

Tight lines

**Ken and Jane**

## **CREDITON FOODBANK**

The Organiser and Volunteers have been overwhelmed by the generosity of so many for the donations of food, money and time given. Zeal Monachorum has played a part in this. We may be a small village but there are big hearts living here, and it has been, and is, appreciated. Week after week prayers have been answered with boxes and bags of food left at my door not to mention the envelopes containing money, sometimes tucked in with the food donation. I don't know who you are and I don't need to know; God does and he blesses you.

At this time the Foodbank's needs are: Toilet rolls, shampoo, deodorants (male and female) washing up liquid, washing pods/tablets for clothes; sugar, children's cereals, whole milk blue top, UHT milk, rice, tinned meals ( i.e. chilli, curries, mince and onion, FB pies [no kidney]); ham, corned beef, tuna, tinned vegetables e.g. carrots, garden peas, sweet corn, green beans, potatoes; tinned custard, rice, fruit, jams and biscuits.

We don't know how long COVID19 will go on for, but when it does stop there is no doubt that the suffering for many will go on. Lost jobs, mental health issues, relationship breakdowns to name but a few of the problems some are suffering. We will still be needed. Do we have the heart and stamina to keep calm and carry on? Perhaps lockdown has enabled people to be creative and new businesses will pop up. Maybe there are those who were doing too much and their mental health and/or general health have been given an opportunity to heal. Maybe relationships too have been healed because couples have had time to appreciate each other, and children and parents have a new understanding and respect that got lost in the hustle and bustle of everyday life. I hope we will all come out of this difficult time feeling blessed that we are safe and with an understanding and compassion for those whose lives have been shattered.

THANK YOU SO VERY MUCH

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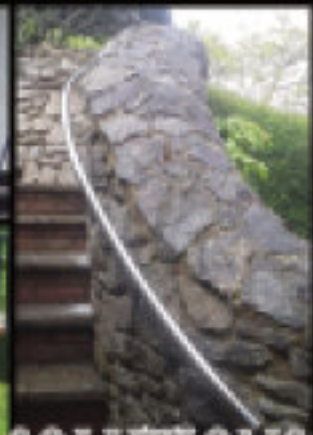
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## ST PETER'S CHURCH

What strange times we live in. Even the places most dear to us are affected; all public places of worship have now been closed for nearly 3 months. This is causing a lot of distress to many people, but the life of the Church does carry on behind the scenes. The last time the Church doors were closed was in the time of Henry VIII, during the reformation and destruction of the monasteries. At least our beautiful Church will still be there long after this is over, and it will be over at some point.

In the meantime if you need the services of the Church please do not hesitate to contact the Churchwardens or any member of the PCC and we will do our best to help you, we and God are still here. We have now been advised that we can open the Church for individual prayer. The PCC will need to discuss this before we implement it as we would need hand sanitizer stations and strict social distancing. The Church would also need daily disinfection by non-vulnerable volunteers.

As you can appreciate the summer fete is on hold for now but, hopefully, we can arrange something in the Autumn. In the meantime all of us on the PCC wish you well, stay safe and God Bless.

Susie

### ACTIVITIES AT THE WAIE INN

We are open for takeaways (will deliver within Zeal) and we do still have bread, milk, eggs, and some other essential items if people need it – even flour if necessary!

Just call us to enquire, we are happy to help wherever we can.

**Tel: 01363 82348**

### QUOTES

A garden is a thing of beauty  
and a job forever

*Anon*

Life is either a daring adventure  
or nothing at all

*Helen Keller*



Another quiz for you to exercise your brains over - can you identify the companies associated with these logos? Answers next month.



1.



2.



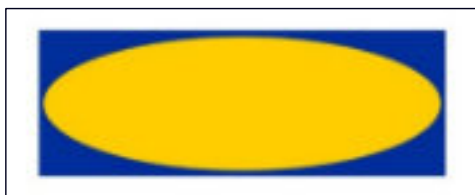
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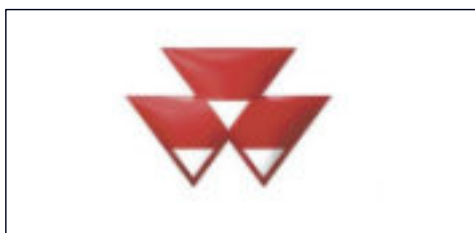
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8.



9.



10.

# QUIZ

1. What is a 'Blue Moon'?
2. Which country was formerly known as Persia?
3. What is the collective name for the pipes on an organ?
4. In which city would you find a tall building affectionately called 'The Cheese Grater'?
5. What do the letters IQ actually stand for?
6. What is the capital city of Latvia?
7. What is added to coffee to create a mocha?
8. What does 'egregarious' mean? a) over friendly b) loving company c) appalling/shocking?
9. An insect's body is made up of which three parts?
10. On what would you find a gnomon?
11. What colour is any plant with 'cardinalis' in its name?
12. Who is the figure on the weather vane at Lord's Cricket Ground?
13. The first world cup was held in Uruguay in 1930. Which country won it?
14. What do two negative quarters constitute in financial terms?
15. Which female animal is called a Jill?

## Minute Quiz

How many parts of the body can you think of that are spelt with only three letters?

## Answers for last month

- |                          |                        |
|--------------------------|------------------------|
| 1. The woodwind family   | 9. Nonagon             |
| 2. NOON                  | 10. The Crickets       |
| 3. Watford Football Club | 11. Acer               |
| 4. Hard and Black        | 12. Africa             |
| 5. 1901                  | 13. Both 2020 European |
| 6. Visual Display Unit   | Capitals of Culture    |
| 7. Hydrogen              | 14. 76p                |
| 8. Long Meadow           | 15. The Netherlands    |

## Answers to the Minute Quiz

Bashful, Doc, Dopey, Grumpy, Happy, Sleepy, Sneezy

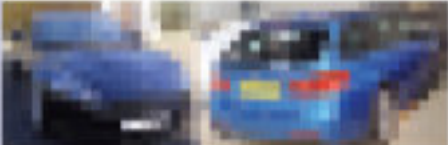
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## **CLIMATE CATASTROPHE - SAVING THE PLANET'S WATER**

So it was water, water everywhere this winter; then hardly a drop for nearly three months, until the beginning of June. Thank goodness it was that way round. I've found it easier to cope with sunny days and blue skies. However, as I write this, the water butts have run dry, the ground is rock hard and grass is yellow. Luckily, there is a never ending supply of clean cheap drinking water from the taps, so it's been easy to do the necessary frequent hand washing; cool down with long showers; reluctantly connect up the hose to fill the watering cans and even drink the stuff.

Under a 'best case' scenario, if society takes dramatic action to curb climate change we can stop the worst environmental damage. But, even then, we will feel the effects of the climate pollution already created. The global temperature will still rise by 2°C. In the UK, this means longer dry spells in summer and warmer, wetter winters. Growing seasons will lengthen and we will face more extreme weather events such as droughts and storms. Water demand in England and Wales is forecast to rise from 16.6 billion litres per day to 24.8 billion by 2050. In early June, South West Water's Head of Water Resources and Water Efficiency said "Even though we aren't welcoming visitors to our region at the moment we are still producing as much water as we were at this time in 2019 and 2018 to keep up with demand from household customers".

### **Did you know?**

Only 25 per cent of domestic customers in England and Wales have their water metered, so there's little incentive to use less and no way of knowing how much you are saving if you start water efficiency measures.

A dripping tap can lose up to 90 litres of water every day, whilst a rapid stream of drips from your tap may waste as much as 32,000 litres of water in a year.

A third of water used in the home goes down the toilet.

A running tap can use up to nine litres a minute.

Washing machines account for around 14 per cent of the water used in the home.

Leaking cisterns can use twice the normal amount of water needed

The average bath uses 80 litres of water.

### **Sometimes it's obvious where we can save water:**

- Take a short shower instead of a bath. A 10-minute shower uses half the water of an average bath but, be aware, that power showers can use a third more water than the average bath.
- Use cold water rather than hot when it makes sense [saving on fuel emissions].
- Make sure washing machines and dishwashers are full before using them.

- Turn off the tap while you're brushing your teeth and teach kids this good habit, too.
- When washing fruit and vegetables, use a bowl with water rather than running the tap.
- Collect rainwater to water our gardens.
- Consider the food in your shopping basket. Produce such as potatoes, tomatoes, avocados and oranges need a lot of water to grow. You can help tackle water stress overseas by buying water-hungry produce from countries with plentiful water supplies. Some food production in arid countries relies on unsustainable sources of water which, in turn, shrinks wetlands and the wildlife that depends on them.

**By using water more wisely** we can ease the pressure on our wetlands and rivers in these times of stress. By using less water, we don't need to treat and pump so much of it; so less money needs to be spent on energy, chemicals and on additional reservoirs or boreholes. Reducing the amount of energy used in the pumping of water reduces our carbon emissions, which contribute to greenhouse gases, and leads to climate change. Less chemicals used in the treatment of water and wastewater means there is less energy and materials used in their production, and fewer by-products to contend with.

Reducing waste in your home or business means that we reduce the amount of water that has to be treated or uses energy unnecessarily. Water that goes straight down the drain without being properly used is a waste and is costly to you, the environment and all of us. Saving water will ensure more stable, resilient habitats for the birds and other wildlife which depend on our water environment for their survival.

It is our good fortune to have clean water always available, unlike so many people in the world. The charity WaterAid has teams in 28 countries across the world, working with partners to transform millions of lives every year by improving access to clean water, toilets and hygiene.

**Sources:** *UK Government, South West Water, Ofwat, RSPB, Waterwise, Energy Saving Trust*

Erica Eden

## RAINFALL

On the subject of water, here is the rainfall figure for May: 6mm/ ¼ inch

This is the second lowest month since records began,  
the lowest was June 2018 when there was none!

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If you don't have a library card, you can join the library by completing an online form and you'll be able to access the digital library immediately.

More information on re-opening and on line services at:

<https://www.devonlibraries.org.uk/web/arena/coronavirus-updates>

**Erica Eden**

Phone: 01363 82606

Below, a super picture of a beautiful Lime Hawk Moth taken by Ken Hogg



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*Always happy to give advice  
on all things made in wood*

During the last few months, I have been busy in the workshop designing and making all manner of things made of wood, from storage boxes, first aid boxes, Foldhay Apple boxes in two sizes, Squirrel feeding boxes, patio herb gardens made from pallets, gates, rustic benches, cold frames, Village notice board, potting tables and refuse/recycling cabinets, house signs in oak, as well as refurbishing the church bench and repairing furniture, see pictures below.

*If you would like pictures of any of the above items that I have made, as I don't have, at present, a Village Workshop Website, please drop me an email so I can send you pictures of what you might like me to make for you. Or, if you have something in mind, please contact me with your ideas.*





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