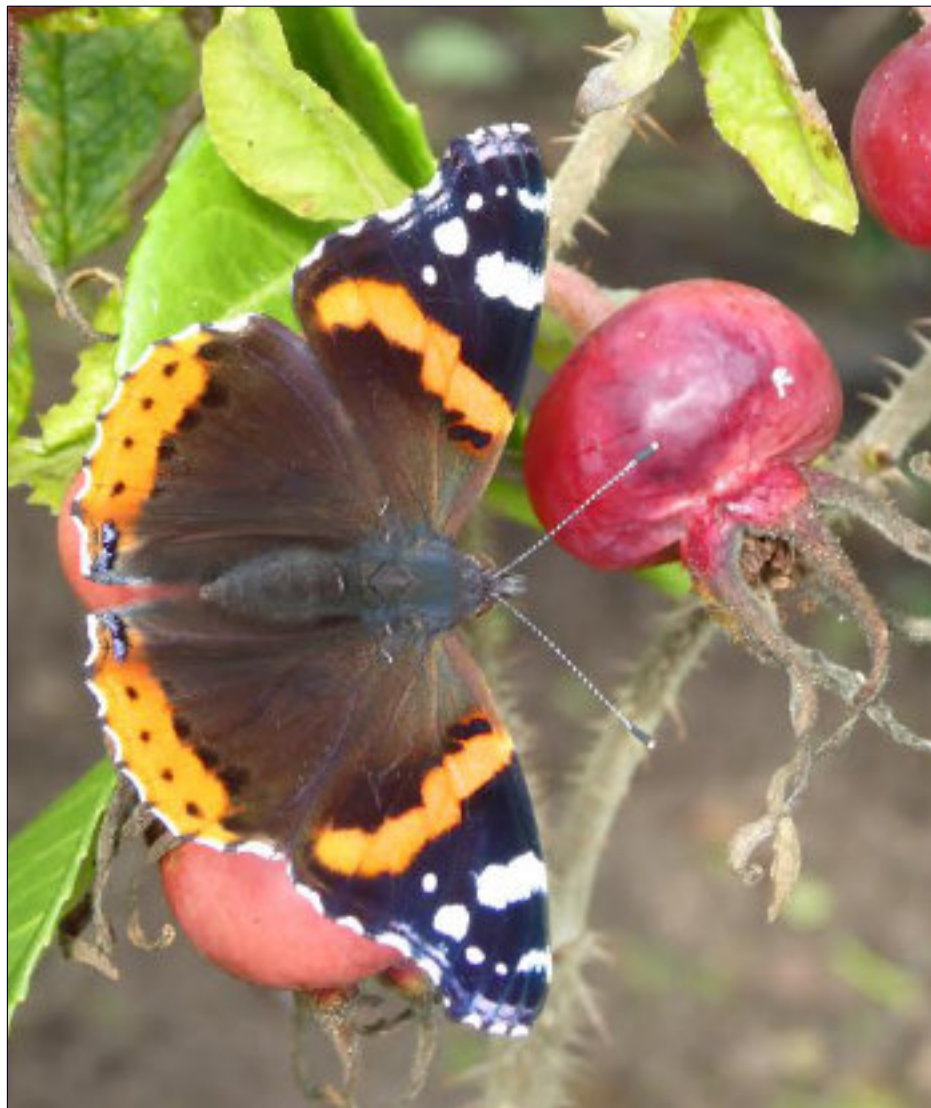


FREE

Issue 17 October 2020

MONACHORUM MATTERS

The newsletter for Zeal Monachorum and St Peter's Parish



Butterfly on Rose Hips by Jane Hogg

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DEADLINE FOR NOVEMBER ISSUE – 8 OCTOBER

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FISHING CLUB CHAT

Hi All

I have been in discussion with Nick May from the Environment Agency and he is going to help us with the problem we have with over breeding of adult fish creating large quantities of fry. The answer to the problem is a predatory fish. We are not permitted to put perch into the lake, due to the fact that they may escape into the water course of the nearby streams and rivers, devouring young trout and eggs of other migratory species. The real answer would be a larger predatory fish i.e. a pike, which would be a natural way, in keeping with the lake's equilibrium.

We have also been promised in the late autumn some tench, known as the 'doctor fish'. It is believed that if any other species is suffering from any disease or fungal parasite the slime from the tench will cure the problem. Though they will be young they will soon grow on, and will keep the lake clear as they are bottom feeders.

Lockdown seems to have encouraged many new anglers, which is great for our sport and has been advantageous, especially seeing new young anglers. Elsewhere in this issue I have written the story of how the Fishing Club was formed and we have taken a 1/4 page ad for the year to encourage people who want to take up the sport of angling.

Tight lines

Ken and Jane



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ZEAL MONACHORUM ANGLING CLUB

I start my story with the quotation "once a fisherman, always a fisherman". In my early life I was always fishing for carp with my dad, and I went on to spend many years at sea as a trawler-man. During this time I gained a boatman's certificate and spent one summer taking people on angling trips, wreck fishing, early morning mackerel trips and evening conger eel trips. I met Jane, my wife, who was also a keen angler and who, in 1970, gained a world record with a conger weighing 71lb. This is the story of how the fishing lake was formed 11 years ago.

On moving to Zeal in 2000 I tried most of the local fishing venues, for example the Tiverton canal and local rivers. Accompanying me on some of my trips was the late Nick Tyler, who liked his pike fishing on the Tiverton canal. We noticed that a lot of the young lads in the village, and some of adults, were becoming very interested in our activities. We thought this over and decided to call a meeting in the village hall to form the Zeal Monachorum Angling Club. We were then approached by Bill and Marion Quick and their son Paul, who offered us a small part of the damp gully in the field at the top of Gissage to use for a club lake. With such a kind offer from Bill and Marion we decided that this should not be just a fishing venue, but a wildlife haven for all to enjoy. We felt that the lake should not just be for the angling fraternity, but for everyone - photographers, painters and people who just want to enjoy a picnic.

To raise money we got the kids doing sponsored bike rides, we also approached the Environment Agency, the Council, the Parish Council and the Police. We had many kind donations from the sale of Bow School and other organisations. The children raised money with activities to buy a shed from Pengelly Sheds, which is still standing as our club house for making tea or coffee for visitors. Unfortunately Nick Tyler passed away before the club was finished, and that is why you will see at the lake a beautifully carved bench bearing his name with a picture of a pike. This was done as a special favour by a local carver and very talented artist Paul Cooke. Also this year, I lost one of my lifelong buddies, Phil Steane, who loved fishing at our site and always looked forward to giving me a hand with maintenance. He lost his life to a brain tumour, and so this year's fishing club calendar will be in his memory; any money raised will go to Cancer Research.

I would like to thank all the people who have helped us in the past with donations of lawn mowers, boats and other items. Special thanks go to one man who gave me so much help at the lake in getting the ball rolling; he was once a Water Bailiff and his assistance with the planting of aquatic plants and lots of advice was invaluable, so thank you Geoff Rowland. I would also like to thank Bob Collett and Diane Holland of the Environment Agency who gave their time and advice at the beginning of the project.

It is wonderful to think that the young juniors we taught back then are now parents themselves, and we look forward to them bringing their own children here to enjoy this wonderful facility.

Ken and Jane Hogg

@gmail.com

CREDITON FOODBANK

Once again the month of August has brought enough food to my door to be able take in a sizeable delivery each week. Thank you to all who have been able to donate, for your generosity and loving kindness. Every donation no matter how small or large has been received with equal appreciation; all needs have been met. Boxes and bags thoughtfully filled for every possible need - an amazing abundance of dog food, two large bags of soap, apple pies baked in all sizes to suit one person or families small and large, (this special donation was agreed by Chris the Coordinator but is not generally accepted).

For a change this month I will show what is **NOT** needed at this time: **NO** tea, porridge oats, pasta, tinned grapefruit or prunes, baked beans, tinned spaghetti. The only soups that **are** needed are chicken, tomato and vegetable. If this changes I will post up those changes around the village. Christians working together in the Crediton area say THANK YOU and God Bless.

COMMUNITY NEWS

Mobile library: A reminder that the Mobile Library has a new COVID secure system in place which requires you to order the books you would like at least one week in advance; **email:** tiverton.library@librariesunlimited.org.uk, or telephone **01884 244644**.

The next visit is Friday 16 October, stopping at Waie Cross 1.15 - 1.40 pm.

Village Hall: The hall re-opened on 1 September following thorough cleaning and preparation to follow COVID guidelines. Though the WI meeting did not go ahead, Monachorum Matters' Editorial Group was able to meet for the first time since lockdown. We also held our first coffee morning which attracted 9 visitors; unfortunately we have had to call a halt to these following the introduction of the 'Rule of Six'.

Our first market since March was held on a sunny September 12 and the arrangements worked well, with 4 stalls inside the hall, 2 outside on the West playground, and around 14 visitors. Those who wanted to enjoy a hot drink were able to do so on the East playground. Our interpretation of the rules means that we are planning to hold our next market on **Sat October 10**, and we are confident that our one way system and social distancing arrangements will keep everyone safe. If you were unable to come in September for whatever reason, do try and visit in October and support our stall-holders some of whom are collecting for local charities. We look forward to seeing you there.

Rainfall: The rainfall for August was 134mm.

EGGESFORD CROSSING CAFÉ

A Dog Friendly Café situated in
Eggesford Station Yard



We are now OPEN!

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With the current social distancing regulations we have 5 tables available inside the premises and 5 outside, weather permitting.

We will be operating table service to prevent the need for queuing.

Due to the small number of customers possible at any one time and to keep our business viable we are asking you to be considerate in these difficult times.



We look forward to seeing you soon!



look out for further information regarding extended opening hours.

Further details and bookings contact Ashley or Harriet:-

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Or Message on Facebook:- Eggesford Crossing Café

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ST PETER'S CHURCH NEWS

Revision of Church Electoral Roll

Due to COVID-19 the annual revision of the electoral roll did not take place in the spring. This roll enables all parishioners to participate in the running of our Church; at present we have 19 members. As required prior to an AGM of the Church I have to update the data.

Would ALL parishioners who are on the present list please contact me, either by email or telephone, and advise me whether they wish to remain on the roll. If anyone would like to be added please let me know and I can drop the relevant documentation to you. If I do not hear from those on the present roll I will assume you wish to be removed and act accordingly.

My email is sabostock@gmail.com, telephone 01363 82341. I look forward to hearing from you.

Susie

HARVEST FESTIVALS

Here are some photos from past Harvest Festivals. The one with the wellie boots was taken on Sunday 16th September 2001 and the collection, amounting to £132.30, was taken in aid of The Green Wellie Charity appeal. The Tower Floodlighting, to celebrate the new millennium was installed by then, and the Parish Council arranged the switching on of the Tower Floodlighting immediately after the service.

The model of the tractor and trailer was made by Mr Norman Vicary, in memory of his parents, Grace and Reginald Burrow who farmed at Higher Weeke. The model is a Marshall Tractor and I helped Norman paint the lettering, as well as the delicate painting of the mud guard and Marshall badge which features Britannia. (Anyone who remembers Norman knows he always wanted things done right away). This model is displayed each year and was taken to the Chapel to celebrate their Harvest Festival.

Isabel Harris



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ACTIVITIES AT THE WAIE INN

We are open for business as usual. Takeaways are still available with full bar menu and daily specials.

For indoor eating, table bookings are preferred. There is an additional daily brunch menu available from 9.30am - midday.

The swimming pool is open for pre-booked hourly slots.

The Sports Hall and Squash courts are also available but for family/bubble members only.



PARISH COUNCIL NEWS

The Council had a further Zoom meeting on the 17th August. The meeting was primarily held to consider three planning applications and to approve the accounts for the year 2019/20. These show a small increase in reserves to a little over £7k.

The main planning application referred to the five new houses at Butts Park on the site of the chicken farm. No comments had been received from members of the public and councillors were generally in favour as it was felt the design of the new houses would be much better than any change of use of the existing buildings. The council resolved to support the application but conditioned their approval on the following: adequate sight lines, 30mph speed restriction extended to beyond the site entrance and the benefit of any section 106 monies being ring fenced for Zeal Monachorum. The Council made no comment on the other 2 applications.

The next meeting will be held when needed, but in the meantime we hope, later this year, to start repair/renewal work to the canopy over the Jubilee Seat and also clean up the stone Obelisk outside the phone box.

All meetings are published on the Bulletin Board near the church, or on the PC website www.zeal-monachorum.co.uk. The Clerk can be contacted on zmpcouncil@gmail.com and myself acchandler@btinternet.com

Andrew Chandler, Chairman

THE VILLAGE WORKSHOP

David Bowyer, East Foldhay, Zeal Monachorum,

Crediton, Devon, EX17 6DH

Tel: 01363 82782 Mob: 07802 759284

Email: info@davidbowyer.co.uk

Always happy to give advice on all things made in wood

This was an interesting commission for me – a large rustic coffee table in English Oak where the bark holes were filled in with grey resin.



MID DEVON DOGS AND ANIMAL CARE

Mid Devon Dogs is located in the heart of Devon in the rural South West of England. We provide a professional service including dog walking, one to one dog training and pet sitting in and around the North Tawton and Copplestone area. Bronwen started the company in early 2016, drawing on over 13 years of professional experience as an animal carer. Bronwen started her career working with animals in 2003 after completing a Higher National Diploma in Animal Care and thereafter held the role of Animal Care Assistant at the RSPCA for 10 years. Bronwen's daily responsibilities included working with nervous animals and dealing with their veterinary needs. This has given her invaluable experience which she brings to her present day job.

In 2019 Kate joined Mid Devon Dogs and brings a wealth of experience working with a range of animals while working with the RSPCA for over 16 years. This is also where Bronwen and Kate first met and worked together. In 2000 Kate completed her HND in Animal Care at Bicton College and, in 2018, she completed a professional Dog Training qualification to fulfil her dream of helping owners and their dogs. Kate's final 10 years working at the RSPCA were spent specialising in working with dogs of different breeds and temperaments, many of which had differing behavioural issues and training needs. Kate's work at the charity was very rewarding and is where her passion for dog training and behaviour really started.

As well as caring for cats and dogs, both Bronwen and Kate have lots of experience looking after rabbits, chickens, birds and hamsters, to name a few. "We take a lot of pride in our work and always strive to maintain the very highest standards of care for any animal that we look after." Mid Devon Dogs and Small Animal Care is fully referenced, insured and DBS checked. For more information about our services please visit : www.middevondogs.co.uk (See our ad on page 7)

AUTUMN RECIPES

It's that time of year when the hedgerows are full of fruit: apples, blackberries, sloes and damsons - all ripe and ready for picking. Here is a recipe from Isabel Harris for Damson or Sloe Gin which, made now, will be just right to enjoy at Christmas.

Take 3lb Damsons or sloes, 2lb Sugar and 1 Pint Gin. Wash the fruit and slash with a knife before putting in a demi john or large plastic bottle. Add the sugar and gin and give it a shake every day until the sugar dissolves, then leave for about a month. Strain through muslin and bottle. It tastes absolutely delicious and the colour is beautiful.



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QUIZ

The Quiz for October is slightly different. Every answer this month begins with the letter 'T'

1. The name for a glass aquarium for plants
2. The capital of Iran
3. The name of the English landscape artist depicted on the current £20 note
4. The name of a yellow spice
5. A person who lived in a cave in Prehistoric times
6. The name of an English Male Pop Group in the 90s
7. The author of 'War and Peace'
8. The doubting disciple
9. A condiment made from sesame seeds
10. A Welsh politician and former Wheelchair Para-olympic gold medal winner
11. The name of the tiny girl in a fairy tale written by Hans Christian Andersen
12. A Russian composer born in 1840 who composed The Nutcracker
13. The famous commercial neighbourhood in New York City
14. The river forming most of the border between Devon and Cornwall
15. A country and a Christmas dinner

Minute Quiz

If you take ice out of this town's name, it still sounds the same

Quiz Answers from September

- | | |
|-------------------------------|---|
| 1. Agatha Christie | 9. A short tail |
| 2. Bison | 10. A festival of literature and the arts |
| 3. Zagreb | 11. President of the United States |
| 4. Albatross | 12. 3 – Dorset, Cornwall and Somerset |
| 5. Nyasaland | 13. Hazelnut |
| 6. Cambridgeshire | 14. Quality Educational toys |
| 7. Horses | 15. Cheese |
| 8. The Office of Fair Trading | |

Answers to the Minute Quiz

52 cards in a pack 1 wheel on a unicycle 5 rings on the Olympic Flag
13 in a Baker's Dozen 12 Knights of the Round Table

ZEAL NAMES WORD SEARCH

Starting with the top, left hand square, move to an adjacent square (left, right, up or down only) continuously to find sixteen names of places or houses in Zeal Monachorum.

S	T	A	C	O	T	T	A	M	P	H	G	I
N	N	R	S	K	N	E	G	Y	N	A	S	L
C	I	M	E	A	O	N	S	T	E	Y	E	L
H	E	W	E	D	M	O	H	A	R	A	O	H
U	I	A	H	O	W	R	T	R	B	E	U	S
R	C	H	T	E	S	U	O	H	E	O	F	E
L	L	I	S	T	R	N	M	L	S	L	D	H
G	A	R	N	H	O	E	R	O	O	H	Y	A
E	B	D	E	G	M	F	A	F	R	E	R	O
R	E	S	O	O	R	A	S	T	E	E	C	N
R	T	A	E	V	E	C	A	L	E	B	O	U
Y	T	G	E	N	I	K	C	U	T	E	N	R
C	O	E	R	G	M	I	L	L	H	A	Y	T

Some more brain teasers for you ...

If 7 D of the W represents 7 days of the week, what do these letters and numbers stand for?

N1 is A S D

14 C N by CD

The 4 S by AV

20 N on a D

118 E in the P T

CLIMATE CATASTROPHE - SAVING THE PLANET - DELIVERIES and ONLINE SHOPPING

It always feels that Christmas hype starts too soon, but I know some of you like to start your preparations early and, therefore, I thought it would be topical to look at the issue of deliveries.

Apparently, online shopping makes up one in seven retail purchases worldwide. How much of the total carbon footprint of what you buy is attributable to delivery varies hugely. But wherever your latest purchase comes from — whether a Chinese factory or a shop in a neighbouring county — transport from the store or warehouse to home likely dominates the delivery footprint. What logistics folks call the "last mile" is usually the most energy-intensive stage and typically generates more CO2 emissions. Some say it can be more than 50% of the carbon costs/emissions than all the upstream logistical activities.

12 percent to 60 percent of home deliveries have been reported to fail first time. Either the van has to make a second and even third run, or customers end up driving to pick up the product. Also, typically, one-fifth of products are returned, for whatever reason. Every false move increases the carbon footprint. Just as bad, our growing love of speedy deliveries almost triples the footprint of online delivery, that is because: your supplier no longer has the flexibility to bundle multiple orders into a single delivery; it sends out vans less full and to travel farther per delivery than they would if you were willing to wait a bit longer for your purchase to arrive.

Here are some tips for reducing your online shopping carbon footprint:

- Think before you click, especially clothes, avoid buying multiple sizes to try and return
- Pick the slowest/standard delivery option - often also the cheapest
- Be there to receive the delivery or make arrangements for the delivery to take place anyway, otherwise that stage has to be repeated - we all benefit from fewer delivery vans driving to Zeal
- Limit the number of orders you make
- Avoid returning items - returns are difficult and costly for the company. It has to check them, repack and maybe they can't be sold again
- And finally, as you knew I would say, buy less!

Erica Eden



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- Car wash, Car wash
- Car wash, Car wash
- Car wash, Car wash
- Car wash, Car wash
- Car wash, Car wash



01273 501 111, 01273 501 111, 01273 501 111

01273 501 111, 01273 501 111, 01273 501 111



ZEAL EXPLORERS

Our village walk last month was hot,
Cool and breezy it was not,
But three of us and faithful Teal
Headed confidently out of Zeal.

Down to Tucking Mill, as you do,
for a quick chat with friendly Sue
Before a climb through copse and grass,
but chattering away made it quickly pass.

Our route took us past sheep, cows and horse
but we carefully shut all gates, of course.
We heard a buzzard way up high
as Teal splashed in the river and shook to dry.

Then up and over by Castle Reeve,
it's amazing what we did achieve.
Down the meadow at Wootten Top
we kept walking and didn't stop.

Then weary, hot and tired, we three
wandered home for a cup of tea.

The next walk will be on Monday 12 October, starting at 2pm from the bus stop.
Do join us! We don't walk fast and it's lovely to meet up for a walk and talk.



Schooling in Zeal Monachorum Part 1, 1700s - 1840s

There has been much discussion lately about the importance of education and the effects on children of missing school, particularly those from poor backgrounds. I thought it would be interesting to research schooling for Zeal children in the past.

In 1744 it was noted in the Episcopal Visitation Returns* that there was a free school for ten poor boys in Bow which served five parishes, including Zeal. Clearly, that would not have had much impact on our parish's children. Anyone who has carried out family history research is likely to have come across documents such as marriage registers where people have marked their name with a "X" because they cannot write their own name. Such was the lack of education for the working classes through the eighteenth and much of the nineteenth centuries. For the gentry, it was a different matter; with their children being taught by governesses, tutors and at private schools.

In 1768 there was a significant change for some in Zeal because of Weekes Hole; born in 1719, he was the eldest son of Robert Hole and Martha Weekes. The Hole family bought the manor of Burston in 1740 but had also lived at Burrow and had connections to other land in the Parish. In 1757 Weekes married Elizabeth Pearse but they had no children. After his death in 1768 it was found that he had left a bequest of £100 (A substantial sum equal to about £20,000 today) to be invested at 3% for the children of the poor to be educated and instructed in the knowledge of God and the Holy Scriptures. We don't know what led Weekes to make this bequest but such philanthropy seems likely to have been driven not just by religious beliefs, but also an acknowledgement that education improves lives. (I like that Weekes also left £5 a year for life to his manservant; together with his old hats!).

By 1779 it was noted in the returns that there was "a publick School supported by contributions and about £4 a year given by the late Mr Hole for instructing children in Reading, Writing & Arithmetic". Even then, this was poor wages for the teacher; but they had little status at that time. Many families would not have been able to afford to pay the pennies in contributions for their children to go to school but also may not have been willing to send them, since their labour was economically critical to their families. We don't know about the quality of the teaching; nonetheless, I hope that a few more people in Zeal were at least able to write their name on the register when they married.

In 1818 there was provision for 16 poor children in 2 small schools in the Parish and the schoolmaster received £3 a year plus contributions and fees of 'chancescholars'. At that time there were about 681 people in the parish, making

up 115 families. We can guess that probably meant hundreds of school age children, so still only a small percentage would receive any education. In 1841 the Zeal Tithe Map and Apportionment shows a Parish School in the Poor House, which was in a building where the church car park is now. The schoolmaster then was John Sanders who, after a chequered career, was one of the first victims to die in the cholera epidemic in 1866.

***Episcopal Visitation Returns:** A bishop's official pastoral visit to a congregation of the diocese. Canon law required every diocesan bishop to visit every congregation in his or her diocese at least once every three years to examine the condition of the congregation, oversee the clergy, preach, confirm, preside at the Eucharist, and examine parochial records. By the late seventeenth century the visitation process was in decline.

Erica Eden

*Archive photo no. 76: Sacristan Cottage and poorhouse/school/church rooms.
Circa 1910.*



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SPUDS!

Every year, for the past few years, there has been a potato growing competition as part of our Autumn show. Contestants are given a seed potato and a bucket, and the aim is to grow the highest yield of good potatoes from that one tuber. Competition has been fierce over the years and the growing secrets of the participants have been a closely guarded secret. Well this year, with no show, some people have done their own thing and the pictures on the following pages show the results of their efforts.



The potato on the left was grown by Isabel Harris, she says: 'It had seeded itself in the greenhouse and, I suppose with regular watering and tomato feed, that was the result. The spud weighed 1.2 kg, nearly 2 ½ pounds!

The picture below shows another giant grown at Nymphayes, and it led to this person being nicknamed 'Miss Potato head' - how unkind!

More horticultural stories and pictures on the next page.



Here are two pictures of Reggie and Archie Ringrose helping harvest the family's bumper potato crop this year (our first ever crop!). They helped plant them back in April and they were very enthusiastic to help harvest them even in the drizzling rain. Two wheelbarrow's full in all.



This picture from Margaret Harris shows just one of the many tomatoes weighing over 1lb grown on a beef tomato plant supplied by Margaret Down at Beer.

The UK record for the heaviest tomato is 6.6lb when 6 tomatoes grew into 1.

The world record is 9lb 10oz for a tomato grown in USA.



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Library:	Belle Parade, Crediton. EX17 2AA Tel. 01363 772 578 Closed Weds
Primary schools:	Bow: Station Rd, Bow, Crediton. EX17 6HU Tel. 01363 82319 Lapford: Eastington Road, Lapford, Crediton. EX17 6QE Tel. 01363 83292
Secondary school:	Queen Elizabeth's School, Western Road, Crediton EX17 3LU. Tel. 01363 773 401
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Highways:	Tel. 0345 155 1004
Devon Voluntary Action:	www.devonva.org Tel. 01404 544 045

PUZZLE ANSWERS (Page 14)

Star Meadow, Monks Cottage, North Star House, The Waie Inn, Churchill Gardens, Thorne Farm, Gooseberry Cottage, Reeve Castle, Tuckingmill, Hayne, Beer Farm, Loosebeare, Nymphayes, Gillhouse, Foldhay, Heron Court.

Nov 1 is All Saint's Day, 14 completed novels by Charles Dickens,
The Four Seasons by Antonio Vivaldi, Twenty Numbers on a Dartboard,
118 Elements in the Periodic Table.



Pioneer Country Crafts

Handcrafted miniature items.
Individual furniture, furniture
and accessories.

Just Open

Antiques, lighted
furniture, home
and more

Home and more
home and more

Home and more
home and more

